



4 September 2015

NOTICE OF MEETING

A meeting of the **ARGYLL AND BUTE COMMUNITY PLANNING PARTNERSHIP - FULL PARTNERSHIP** will be held in the **OFFICER'S MESS, MACHRIHANISH AIRBASE** on **TUESDAY, 25 AUGUST 2015** at **10:30 AM**, which you are requested to attend.

1. **WELCOME AND SETTING THE SCENE - COUNCILLOR DICK WALSH**
2. **KEY NOTE ADDRESS - MARCO BIAGI MSP, MINISTER FOR LOCAL GOVERNMENT AND COMMUNITY EMPOWERMENT**
3. **Q&A SESSION TO THE MINISTER AND CHAIR**
4. **ECONOMIC FORUM - THE JOURNEY SO FAR BY NICHOLAS FERGUSON, CHAIR OF THE ECONOMIC FORUM** (Pages 1 - 12)
5. **BREAKOUT SESSIONS** (Pages 13 - 46)
Co-production by Alison McGrory and Antonia Baird, NHS Highland and Argyll and Bute Council
Participatory Budgeting by Alan Budge of PB Partners
ACT on the Single Outcome Agreement by Julie Young and Douglas Grierson of Argyll and the Isles Coast and Countryside Trust
6. **FINDINGS FROM THE "COMPELLING ARGYLL AND BUTE" STUDY BY JOHN KELLY, EKOS** (Pages 47 - 52)
7. **OVERCOMING BARRIERS TO BROADBAND BY STUART ROBERTSON, HIE** (Pages 53 - 62)
8. **BREAKOUT SESSIONS** (Pages 63 - 104)
Health and Social Care Integration by Lorraine Paterson and Sally Munro, NHS Highland
Community Empowerment Act by Alasdair McKinlay, Scottish Government
Dementia Friends by Victoria MacLeod and Sue Pagan, Alzheimer's Scotland

- 9. PREVENTION: EARLY YEARS COLLABORATIVE BY KATHLEEN JOHNSTON AND PATRICIA RENFREW, ARGYLL AND BUTE COUNCIL AND NHS HIGHLAND (Pages 105 - 144)**
- 10. SUMMARY OF THE DAY AND CLOSING REMARKS - GRANT MANDERS, POLICE SCOTLAND**

Contact: Samantha Quarton 01546 604464

THE PROBLEM

Declining and Ageing Population

THE BRIEF

Look at the Problem as a Businessman

THE CHALLENGE

Retaining and Attracting Young
and Working People

THE KEY OPPORTUNITIES

- Tourism and Leisure
- Food Production – Aquaculture
- Education and Training

THE KEY BARRIERS

- Connectivity, particularly Mobile
- Affordable Housing
- Transport Links

THE NEED

- Focus
- Leadership

TOURISM AND LEISURE

- Key employer and growing
- Investment taking place
- Cooperation: AITC
- Mentoring
- Holidays versus accommodation
- Kilmartin: World Heritage Site

FOOD PRODUCTION

- Aquaculture
- Shellfish Hatchery
- Cooperation: Food from Argyll;
Argyll Hill Lamb
- Mentoring

EDUCATION AND TRAINING

- Schools
- UHI, Argyll College, SAMS
- Apprenticeships

BARRIERS

- Connectivity: Mobile
- Affordable Housing
- Transport Links

FOCUS and LEADERSHIP

- 100% Engagement on a vision and plan throughout the organisation
- Bias to Action

**ONLY PARANOIDS
SUCCEED**

INTRODUCTION TO PARTICIPATORY BUDGETING (PB)



PARTICIPATORY BUDGETING?



‘PB directly involves local people in making decisions on the spending and priorities for a defined public budget.’

Or...

‘Local people deciding on how to allocate part of a public budget’

Or.....

*‘If it feels like **we** have decided ---- it’s PB.*

If it feels like someone else has decided, it isn’t.’

Brazilian resident involved in PB



HEALTH WARNING!

Only a small percentage of any public budget will be allocated using PB

The PB process is formally mandated and 'signed off' by the elected legislature

Supporting Representative Democracy

ORIGINS OF PARTICIPATORY BUDGETING

Began in Porto Alegre, Brazil in 1980s – city of 1.5m people

End of military dictatorship and election of Workers' Party



DEVELOPMENT OF PB

Now in 300+ cities worldwide, including Latin America, Canada, USA and over 25 in Europe

Identified as good practise by international institutions, including World Bank, UNESCO, OECD, UN Habitat prize, and DFID

175 + examples of UK pilots

Links with the 'localism' agenda

THE CONTEXT IN SCOTLAND

- The Community Empowerment Bill
- The Commission for Strengthening Democracy



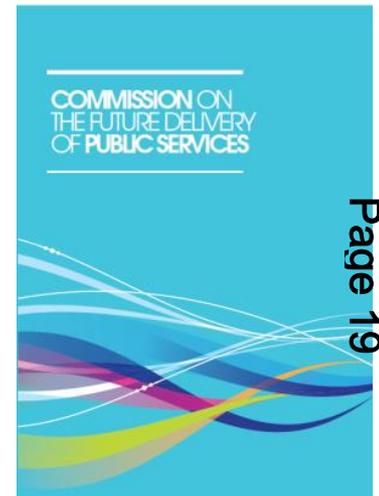
Desire for a greater devolution of powers post-referendum (PB as a tool to help do this??)

THE CONTEXT IN SCOTLAND 2



The Scottish Government is part funding support for developing PB Scotland.

So far, 19 of 32 Local Authorities are accessing this support



POSSIBLE PB MODELS

Small grants allocation



Mainstream Investment



SMALL GRANTS ALLOCATION

A grants pot / initiative funding
- community chest, etc



Bidders present proposals to residents,
who vote on which to support



Limited impact on mainstream

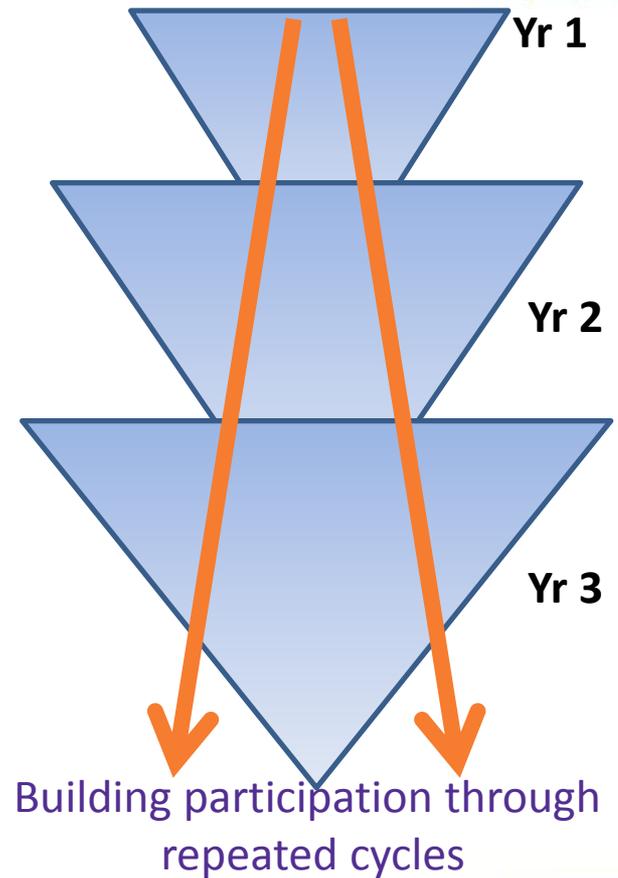
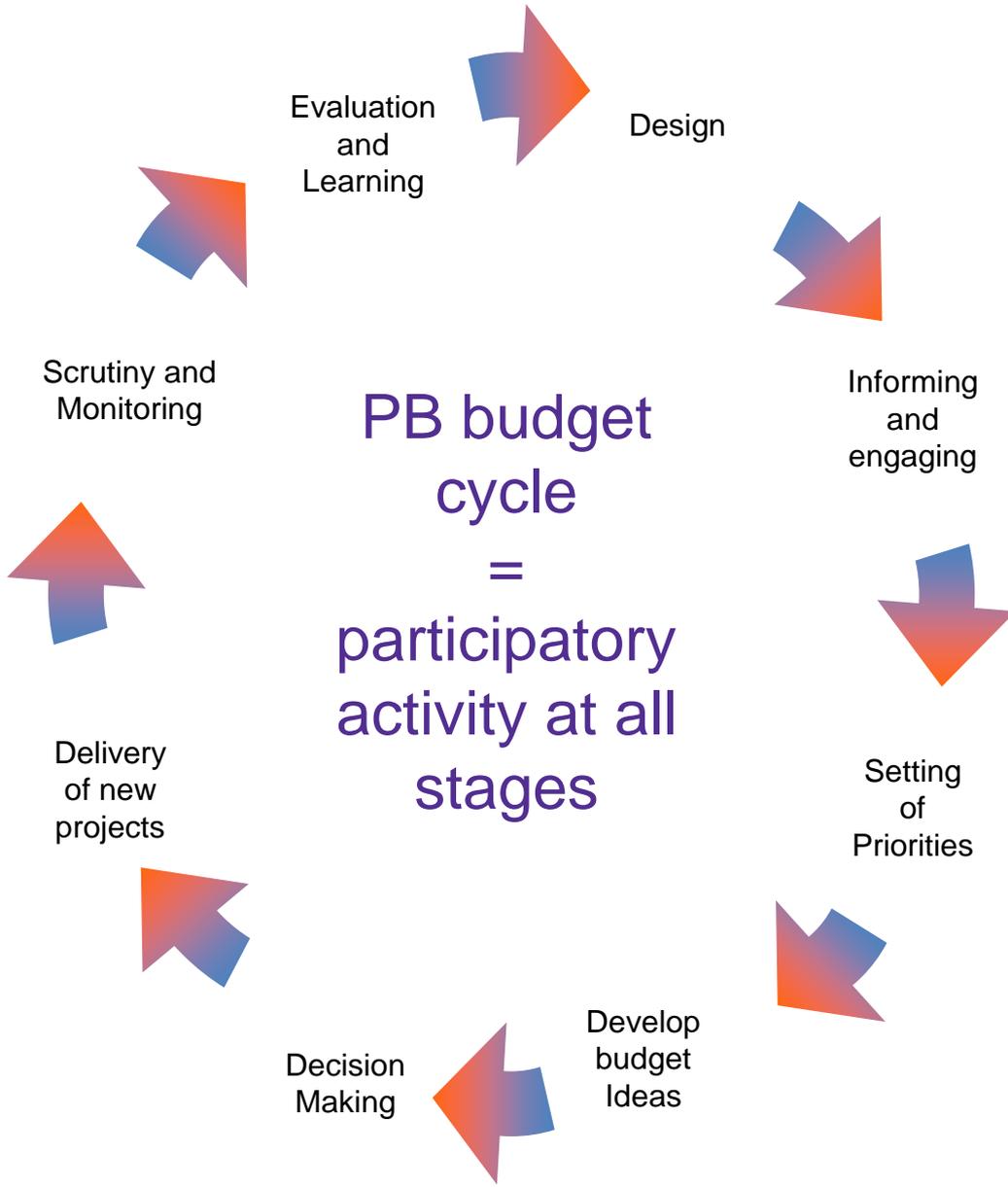
Effective at engaging, networking
and enthusing local people

MAINSTREAM INVESTMENT

Move towards allocating substantial sums of mainstream funds via PB

1. Newcastle – £2.25m Childrens' Fund
2. Tower Hamlets – £5m over 2 years from mainstream budgets to 'top up' existing themed provision, voted on by residents
3. Durham – mobilises 14,000 residents, including debates on mainstream provision





The participatory budget of Icapui, Brazil.



Left column reads Where the money comes from...

One on the **right** reads What the money is spent for...

Below it says: *When the administration is transparent, everything works smoothly...*

ROUNDTABLE DISCUSSION

- **Why do PB?**
- **What are the benefits of undertaking a PB process?**

**Focus on benefits –
separate session later to
address challenges!**

BENEFITS OF PB – INCREASING INVOLVEMENT



- In two consecutive events in County Durham, first 800 and then 1400 people participated
- In Manton, 1500 out of 6000 residents voted – 25%!
- In Dulverton, eight different public authorities have been involved in the local PB initiative.
Funding contributed by the Town Council, Primary Care Trust, District Council, housing association and the fire and rescue service.

BENEFITS OF PB – INCREASING LOCAL CAPACITY



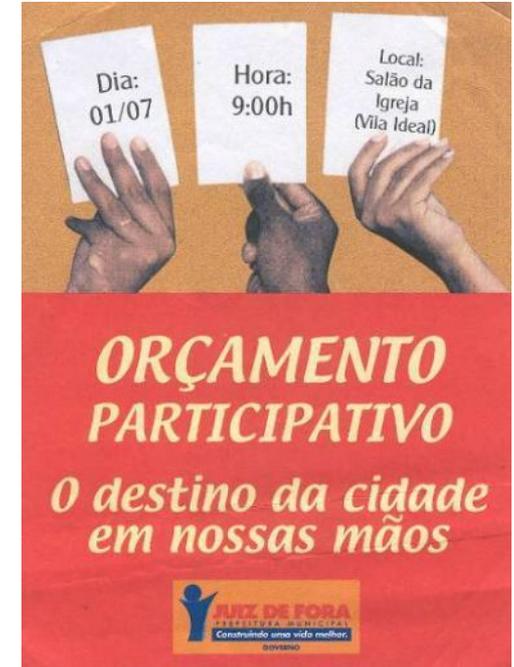
- A community group of young Asian women was awarded £3k by residents, at a PB event in Keighley, West Yorks, and went on to receive £60k of Big Lottery funding on the back of their PB bid.
- Residents Association in Eastfield, North Yorks, received support from PBPartners, the Local Authority and the Police Authority to deliver their first year's PB programme. In the subsequent 3 years, they have delivered it on their own.

BENEFITS OF PB – INCREASING TRUST AND IDENTIFICATION

In Porto Alegre (the ‘birthplace’ of PB) the level of identification with the political party supporting PB increased from less than 5% to 46%.

Residents also paid more Council Tax

Elected Members -
and other fundholders -
please note!



BENEFITS OF PB – INCREASING INFLUENCE



Do you think that you influence what is happening?

| | <u>Yes</u> | <u>No</u> |
|----------------------------------|------------|-----------|
| In Manton | 30 | 10 |
| Bassetlaw Local District Council | 14 | 20 |
| Nottinghamshire County Council | 8 | 27 |

(From a survey of Nottinghamshire residents.
Manton had a PB programme for 6 years)

'I feel I am somebody'

- Manton resident involved in PB



BENEFITS OF PB – IMPROVED RELATIONSHIPS



“I approached this as a local officer would, who thought I was in charge and I knew best. I was very firmly told by the residents that I wasn’t in charge and I didn’t know best – and they were absolutely right.”

Stuart Pudney: Deputy Chief Executive,
Yorks Police Authority

“The PB process has changed (for the better) out of all recognition our relationship with local officers and members”

Chris Parsons: local resident



PB – ISSUES, PROBLEMS, CHALLENGES

- Exercise: Work in groups to identify your most pressing questions/concerns about how PB works –

what might be the main drawbacks/limits to using PB in your communities?
- Feedback 3 key questions per group

PB Partners



www.pbpartners.org.uk





argyll & the isles
coast & countryside trust

Julie Young, Development Officer

Douglas Grierson, ACT Argyll Skills and Contracts Manager



Who are we?



why?

-  To **care** for our environment.
-  To **enjoy and benefit** from our environment.
-  To **encourage investment** to improve our environment.
-  To **share ideas** on how to care for, enhance and enjoy our environment.
-  To **increase opportunities** for local people such as work, training and volunteering.
-  To **support** the existing network.



act Board

Ian Hepburn (Chairman) – NW Mull Community Woodland

Ross Lilley - SNH

John Urquhart – Helensburgh and District Access Trust

Elaine Jamieson - FCS

Grace Macleod – Blarbuie Woodland Enterprise/NHS

Yennie Van Oostende - NHS

Fiona MacPhail – AITC/Tighnabruaich Sailing School

Bruce Marshall – A&BC elected Councillor

act Advisors

Fergus Murray – A&BC Economic Development
Arlene Cullum – A&BC Social Enterprise
Mark Steward – A&BC Marine and Coastal
Jolyon Gritten – A&BC Access
Lynda Robertson – A&BC Built Heritage
Marina Curran-Colthart – A&BC Biodiversity
Audrey Baird – A&BC Community Development
Matt Mulderigg – A&BC Development Policy
Helen Watt – Forest Enterprise
Jan Dunlop – Mull and Iona Community Trust Ranger
Andree Hawke – Tighnabruaich Development Trust
Carl Farmer – Oban and Lorn Natural History Group
Fiona Russell – British Horse Society
Stewart Rafferty – Kintyre Way
Stuart Shaw – SNH Policy
Argyll Voluntary Action
Gordon Forrester - LLTNP

act / Agency Partners



Forestry Commission Scotland
Coimisean na Coilltearachd Alba



Scottish Natural Heritage
Duaichas Nàdair na h-Alba
All of nature for all of Scotland
Nàdar air fad airson Alba air fad

Delivery mechanism:

External funding
Links with other agency partners
Policy Delivery
Community engagement

Resource:

Funding
Advice
Practical support
Contacts



Strategic



Independent

August 2015 - Projects



1. **act** Argyll Ltd
2. Rhododendrons
3. Branching Out
4. Secret Coast Trails
5. Long Distance Routes

act Argyll

Improving our environment  Investing in our workforce

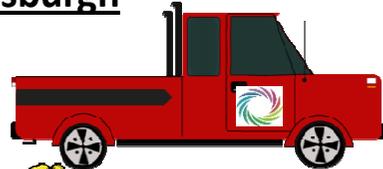
 **act Argyll Board**



Skills and Contracts Manager

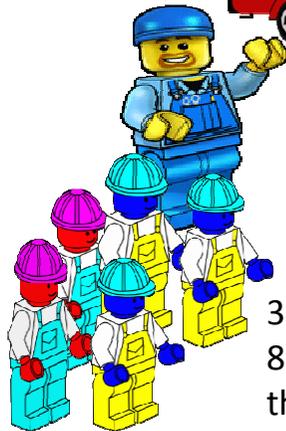
Helensburgh

Oban

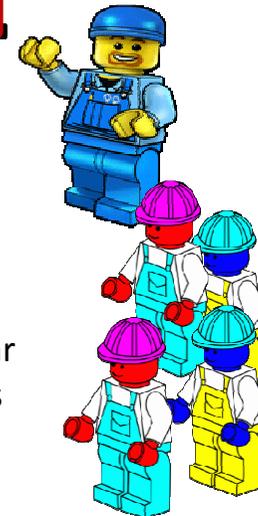


Chargehand

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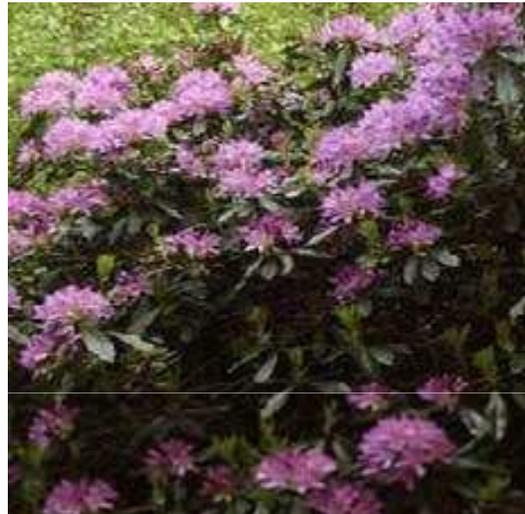


3 x 12 month trainees per year
8 week assistants/placements
throughout year



3 x 12 month trainees per year
8 week assistants/placements
throughout year

Rhododendron/INNS Management



 Heritage Lottery Fund – Glen Creran

 European funding –

Cross Border Interreg Fund (Peatland preservation)

Northern Periphery Programme (community
management and policy development)



Branching Out

A partnership programme between NHS, FCS and community organisations providing woodland activities on referral for mental health services. ACT, Community Woodlands Association, and existing Health and Wellbeing networks have developed a 3-year proposal to create a sustainable programme of delivery across Argyll.



Secure funding



train leaders



Branching out Argyll

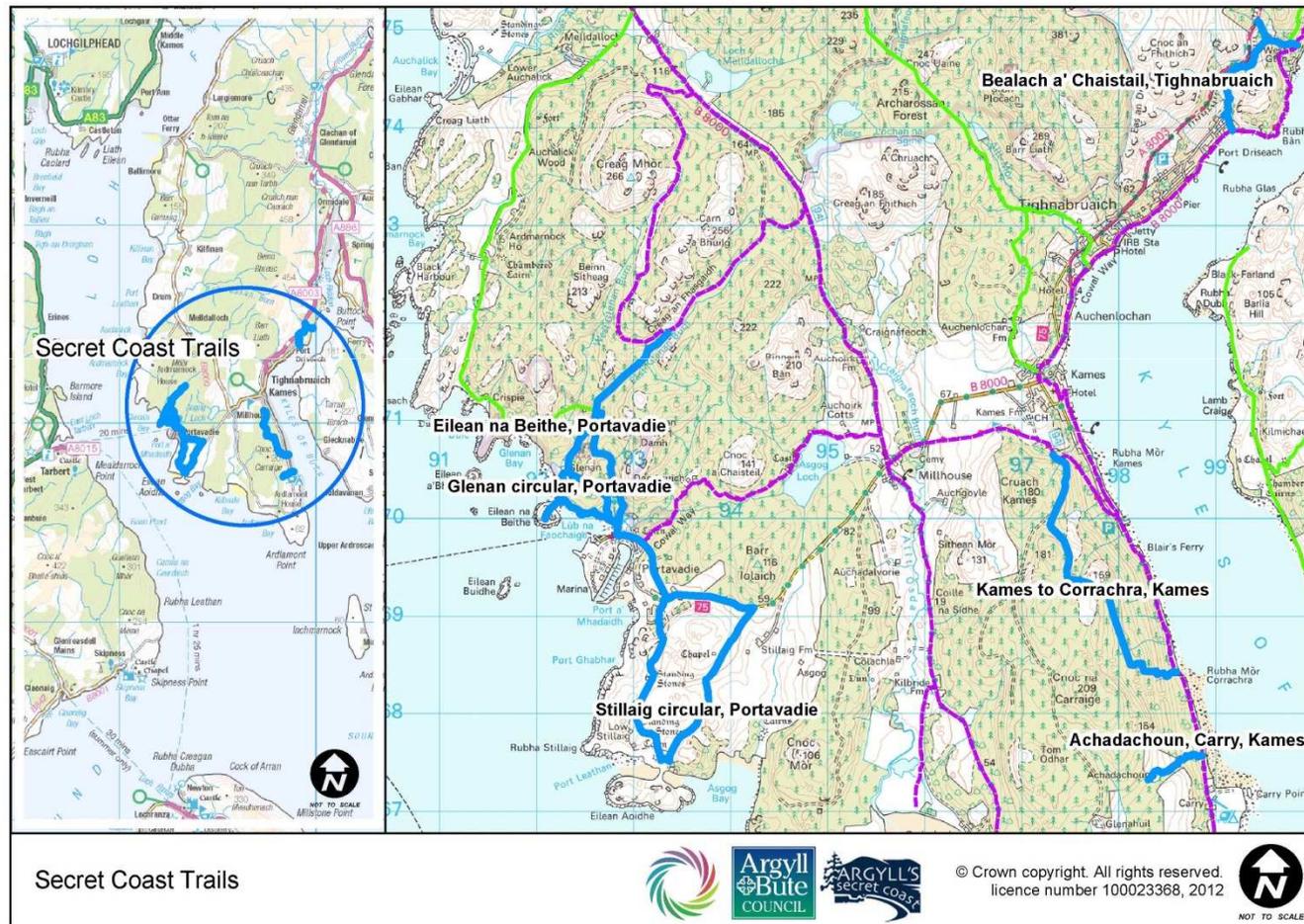
Long Distance Routes – *how can we help?*

Three Lochs Way
Mull – Iona
Argyll Kayak Trail
Kintyre Way
West Island Way
Cowal Way
NCN 78, 75
Oban – Tyndrum
West Highland Way





Secret Coast Trails





Campaigns



The Perfect Picnic

Win **£100!** to make your perfect picnic spot even more...perfect!

Know the perfect place to have a picnic but feel that it's missing something? We'll give you £100 to spend on whatever you think's missing! Friends/family/colleagues, a blanket and your picnic basket to make the perfect picnic spot. Once you're there, take a selfie and post it on social media with an explanation on what you'd spend £100 on to make it perfect.

With so many beautiful and scenic locations to choose from, you could be the first to make a positive difference to somewhere in our beautiful landscape from now until the end of August so get out there and go. And to help you choose the perfect spot, we've put together a list of our top 10 picnic spots. *The money goes to the charity of your choice.

act argyll & the isles coast & countryside



your act!
Help us spread the word!

Fancy winning £300 for your school/club/group to spend on outdoor activities? All you need to do is enjoy a morning or afternoon outside in our beautiful outdoors by helping us spread the word. What word? Our word!

To enter the competition, just follow our five easy steps:

- 1 Register your school/club/group by filling our online registration form at www.act-now.org.uk/ (it's really short and will only take two minutes)
- 2 You'll then receive all the information you need to start planning your mural via email.
- 3 Get outdoors and get as creative as possible with the leaves, twigs, stones, water and whatever else you may find on the ground.
- 4 Submit your mural application. Instructions on how to do this will be supplied in step 2 above by no later than Thursday 27th November.
- 5 Check our facebook page and website on 1st December to find out if you are a winner!

We can't wait to see what you come up with! Just a few points to consider before you get going:

Health and Safety

- Although the outdoor is a wonderful place to be, it can also present risks. All groups must be accompanied by an appropriate number of responsible adults and first aid equipment.
- We must respect the environments being used - please use materials that are readily available and avoid removing anything unless it's really necessary.
- Please remember to keep an activity log of your mural project - where it is and why, the materials being used, challenges faced. This information may be useful upon completion of your project and if you end up winning the competition.

For more information and for a full list of terms and conditions please visit our website: www.act-now.org.uk/your-act/
Keep up to date on all our exciting projects by following us on facebook.

act argyll & the isles coast & countryside



We'll give you...
£100 to act Alfresco

We love being outside and enjoying Argyll and the Isles. That's why we act in a number of ways to enhance, protect and promote our environments.

It's also why we're offering you £100 to act positively in our environments by doing things that help people enjoy the wonderful scenery, nature and pursuits that our neck of the woods has to offer. If it's something you are doing already or something you've always wanted to do but haven't had the funds, we can help.

Visit www.act-now.org.uk/act-alfresco for details of how to apply and terms and conditions. This offer is available to individuals and to groups.

act now. enjoy forever.

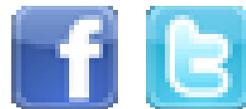


act now. enjoy forever.

info@act-now.org.uk

www.act-now.org.uk

Tel: 01546 604309



Argyll and Bute Community Planning Partnership Moving Forward Together

25 August 2015 Machrihanish Airbase
John Kelly, Director EKOS

Compelling Argyll and Bute



Background

- Fit with Single Outcome Agreement
- Partnership approach
- Research objectives
- Method and approach
- Spatial awareness and understanding

Argyll and Bute Economic Profile

- Demography
- Employment profile
- Business structure
- Economic contribution
- Skills profile

Observations on Argyll and Bute

- Running a business in Argyll and Bute
- Education, employment and skills
- Future skills requirements
- Business infrastructure
- Future economic growth
- Wider community views

Nature and Scope of Challenge

- Clear strengths and opportunities, but
- Major and serious challenges
- Employment and skills are the key issue
- Argyll and Bute punching below weight
- Spatial/place issues
- Marketing and promotion

A Partnership Response

- Strategic economic rebalancing
- Key themes and ambitions
- Supporting principles
- Governance and delivery
- Targets and monitoring
- Funding

Superfast Fibre Broadband Rollout for Argyll and Bute

August 2015

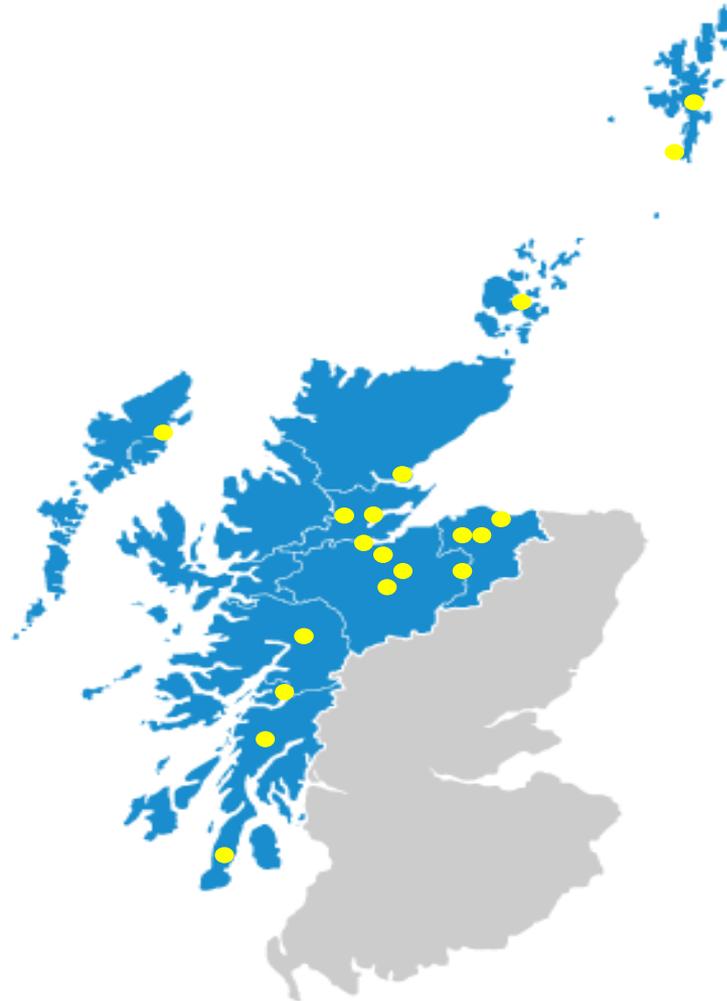


Next Generation Broadband Rollout Objectives

- Scottish Government's target is for Scotland to be a world class digital nation by 2020
- National aim to deliver fibre broadband to 85% of premises by end of 2015 and 95% of premises by end of 2017.
 - Argyll and Bute coverage reaches 85% by end of 2017 (combination of H&I Project and SG)
- Across Scotland £410m of public and private investment by Scottish Government, BDUK, HIEBT
- Exploring opportunities to extend coverage – Innovation Fund, Community Broadband Scotland
- Range of assistance to ensure we maximise the opportunities that superfast broadband brings
- Current project is focussed on maximising coverage based on the available funding

Lighting up H&I

- Over 13,000 homes and businesses are now able to access fibre broadband through the Digital Scotland Programme and commercial rollout from BT
- Deployment commenced in 9 exchange areas with a further 8 scoped by the Autumn of 2015
- More than 200 km of backhaul and subsea cabling completed.
- Deployment in 2016 will be extensive and address coverage to smaller population centres.



Where are the backhaul routes.



Moleplough of 4 way direct in ground sub duct on Jura



Page 56

- **10 Subsea** Cables in the Argyll & Bute area are as follows, 91km subsea

| A end exchange name | B end exchange name | Total Sheath KM |
|---------------------|---------------------|-----------------|
| Campbeltown | Shiskine | 12.1 |
| Jura | Port Askaig | 28.1 |
| Rothesay | Toward | 6.8 |
| Kilfinan | Lochgilphead | 12 |
| Kilchattan Bay | Millport | 2.6 |
| Glenbarr | Port Ellen | 3.7 |
| Jura | Ormsary | 1.6 |
| Craignure | Oban | 9.3 |
| Kilchoan | Tobermory | 5.5 |
| Dervaig | Scarinish | 9.1 |

- **8 Land Based** cables in the Argyll & Bute area are as follows, 112km

| A end exchange name | B end exchange name | Total Sheath KM |
|---------------------|---------------------|-----------------|
| Lochgilphead | Tarbert | 22.3 |
| Kilfinan | Tighnabruaich | 16.9 |
| Glendaruel | Tighnabruaich | 15.99 |
| Innellan | Toward | 4.09 |
| Clachan | Tayinloan | 12.26 |
| Bowmore | Port Askaig | 13.72 |
| Glenbarr | Tayinloan | 9.52 |
| Aros | Tobermory | 17 |

Argyll and Bute – what’s the current plan.

There are 77 Exchanges across the region serving circa 50K homes that form part of the Digital Scotland programmes – current plans including BT’s commercial deployment would deliver circa 85% coverage across the region by the end of 2016

Exchanges Accepting Orders, with additional coverage expected within during 2015 and 2016

| |
|--------------|
| Campbeltown |
| Cardross |
| Dalmally |
| Dunoon |
| Helensburgh |
| Lochgilphead |
| Oban |
| Rothsay |
| Taynuilt |

NB – Dunoon, Oban, & Helensburgh are predominantly delivered by the BT commercial rollout, although not exclusive.

The Following Exchange areas are now “Coming Soon” and anticipated to see a level of coverage commence by the Autumn

| |
|------------|
| Balvicar |
| Clynder |
| Connel |
| Craignure |
| Innellan |
| Kilmelford |
| Ledaig |
| Rhu |

The Following Exchange areas are planned and in scope for a level of coverage phased through 2016 subject to survey

| | |
|----------------|----------------|
| Appin | Kilfinan |
| Ardentinny | Kilmartin |
| Aros | Kilmore |
| Barbreck | Kilmun |
| Bowmore | Lochgoilhead |
| Cairndow | Luss |
| Carradale | Machrihanish |
| Clachan | Minard |
| Colintraive | Port Askaig |
| Coll | Port Charlotte |
| Crinan | Port Ellen |
| Dervaig | Portnahaven |
| Ford | Scarinish |
| Furnace | Southend; |
| Garelohead | Strachur |
| Glenbarr | Tarbert |
| Inveraray | Tayvallich |
| Jura | Tighnabruaich |
| Kilchattan Bay | Tobermory |
| Kilchenzie | Toward |

The Following Exchanges areas remain under evaluation but we are positively reviewing detailed plans to determine what coverage is possible, within existing budgets or with new funds..

| | |
|------------|------------|
| Achnamara | Kilninver |
| Bonawe | Lochavich |
| Gigha | Ormsary |
| Glendaurel | Skipness |
| Inveruglas | Tayinloan |
| Kilchrenan | Whitehouse |

A % of Premises within the following island communities form part of a the GigaPlus Argyll wireless project.

| |
|-------------------------|
| Colonsay |
| Iona |
| Islay |
| Jura |
| Lismore |
| Luing |
| Mull |
| Penninsula of Craignish |

*** - please note – our intention in any exchange area is to maximise the level of coverage to as many homes and businesses as is possible. The plans shown above are subject to continued survey and update.*

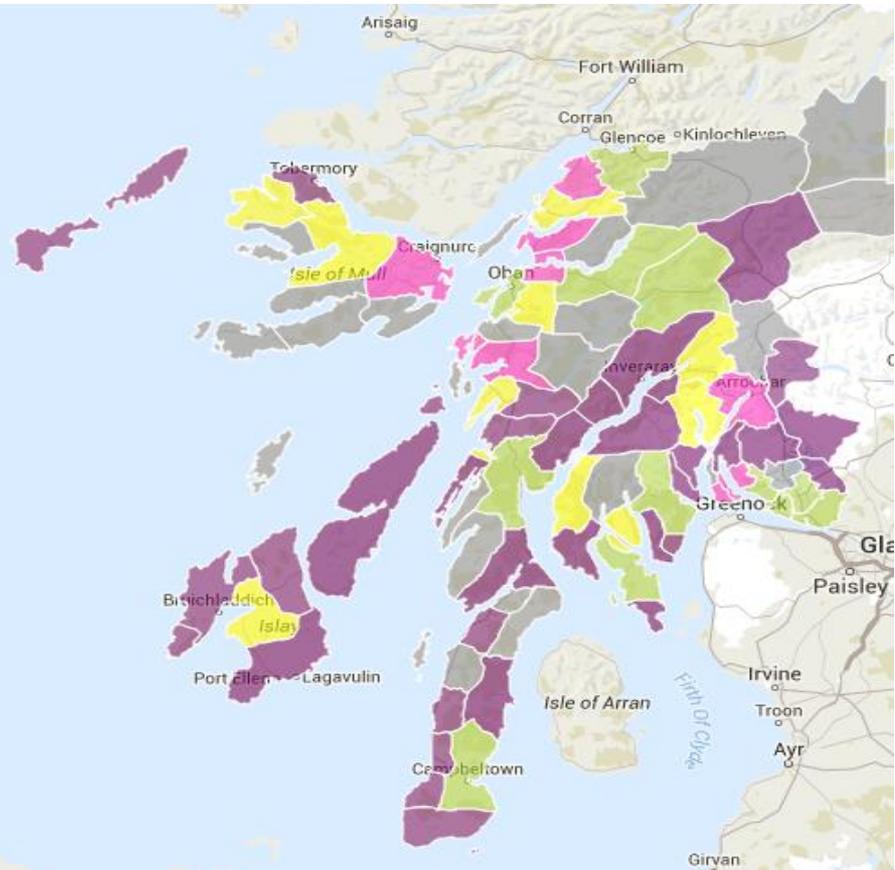
Digital Scotland Website

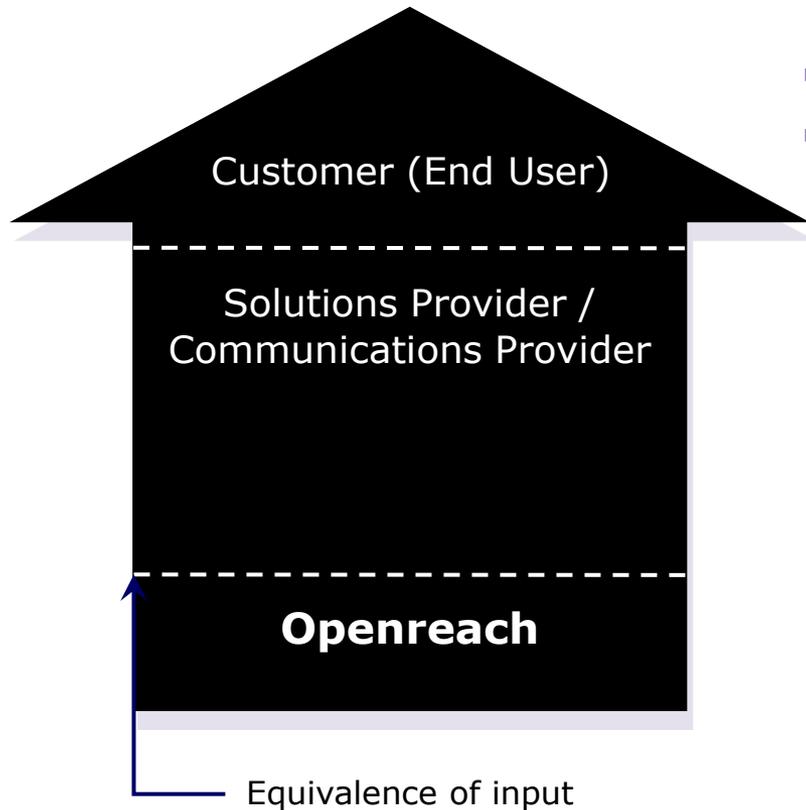
The interactive postcode/telephone line checker Map launched in November 2014 , allows more detailed clarity of exchange area rollout plans.

Enter landline number or postcode... **SEARCH**

Argyll and Bute

- Accepting orders
- Coming soon
- Planned area
- In contract/scope
- Exploring Solutions





The UK supply chain

- Growth in demands for speed.
- We deliver Superfast Fibre Access capability to Communications Providers (CPs) at lowest practical economical point
 - Enable CP innovation & differentiation



Summary : How does rollout impact Argyll and Bute?

- ✓ Anticipated to reach circa 85% coverage by Mar 2017*
 - ✓ - driven by Digital Scotland programmes managed by HIE and SG and BT commercial deployment.
- ✓ Rollout has already commenced with more than 13,000 homes and businesses in the region now enabled.
- ✓ Significant rollout to the main population centres has commenced during 2015
- ✓ The majority of Exchange areas across the region will have access to fibre coverage during 2016 – due to the backhaul and subsea programmes.
- ✓ Points of Presence (PoP) are live in Oban, Campbeltown and Dunoon with additional extended reach coverage available in Rothesay and Lochgilphead. This will bring access to Ethernet type products driving opportunities for economic development & inward investment opportunities to a wide range of business customers.
- ✓ Additional funds through the Superfast Extension Programme is currently under review with the aim of supporting improvement to fibre coverage right across the Highlands and Islands where possible.
- ✓ New technologies will be considered to address remaining gaps and deployed where additional funding is available.

How do I stay up to date

- ✓ If you already have Broadband – visit your ISP website using their line checker to determine availability –
 - ✓ To get Fibre Broadband you will need to order it from your ISP.
- ✓ If you do not have Broadband, but don't know where to start – visit www.scotlandsuperfast.com or www.hie.co.uk/digital and find out more by registering to be kept in the loop.
- ✓ Information will be released via both the Scot Government and HIE social media accounts and additionally in the local press as further areas go live.

Twitter: @HIEScotland / @digitalscots

Facebook: www.facebook.com/highlandsandislandsenterprise

Websites: www.hie.co.uk/digital
www.digitalscotland.org



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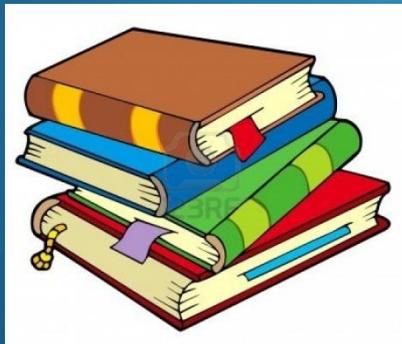
Argyll and Bute. Health and Social Care Integration.

Lorraine Paterson
Head of Integrated Adult Services (West)

Sally Munro
Workforce Development Facilitator.

Argyll and Bute Integration, the story so far.....

The Public Bodies (Joint Working) (Scotland) Act 2014, sets out the legislative framework for integrating health and social services .



The Rule Book!

The act allows 2 options for integration.

Option 1-The Health Board and Local Authority delegate the responsibility for planning and resourcing service provision to an Integrated Joint Board. Body Corporate Model.

Option 2-The Health Board or the Local Authority takes the lead responsibility for planning, resourcing and delivering services. Lead Agency Model.

Argyll and Bute chose option 1.



Option 1 in Argyll and Bute.

- Establishment of the Integration Scheme.
- Establishment of the Integrated Joint Board.
- Appoint a Chief Officer.
- Develop, approve and appoint an integrated management structure.
- Develop consult and finalise the Strategic Plan.
- Develop, consult and finalise locality plans.



Integration Scheme

Argyll and Bute have included all health services, children's and adult social services and criminal justice social services within their scheme. This is larger than most boards across Scotland, but will ensure equity of services delivered to the communities of Argyll and Bute.



Integrated Joint Board.

The membership of the board has been established as prescribed by the legislation, and comprises health and social work professionals, elected council members, third and independent sectors, trade union representatives, public and carer representatives and finance.



IJB Responsibilities.

- Production of the Argyll and Bute Health and Social Care Partnership Strategic Plan.
- Oversight of the integration transition arrangements regarding:
 - Health and Care Governance. (Quality and Safety)
 - Health and Social Care Workforce and partnership arrangements.
 - Financial Governance.
 - Organisational Development
 - Patient and Carer engagement and involvement arrangements.



Appointment of Chief Officer.

Christina West was appointed as Chief Officer for Argyll and Bute Health and Social Care Partnership.



Management Structure.

Head of Integrated Adult Services East-Allen Stevenson.

Head of Integrated Adult Services West-Lorraine Paterson.

Head of Strategic Planning and Performance-Stephen Whiston.

Head of Children's and Families-to be appointed September.



East Sector Structure.

2 Locality Managers.

- Helensburgh and Lomond
- Cowal and Bute.

3 Local Area Managers.

- Bute
- Cowal
- Helensburgh and Lomond.

- Some Argyll and Bute wide services may be hosted in the East Sector.

COMMUNITY MANAGER



West Sector Structure.

2 Locality Managers.

- Mid-Argyll, Kintyre and Islay.
- Oban, Lorn and the Islands.

7 Local Area Managers.

- Mid-Argyll
- Kintyre
- Islay and Jura
- Mental Health
- Mull and the Islands
- Oban Community
- Oban Rural General Hospital.

- Some Argyll and Bute wide services will be hosted in the West Sector.

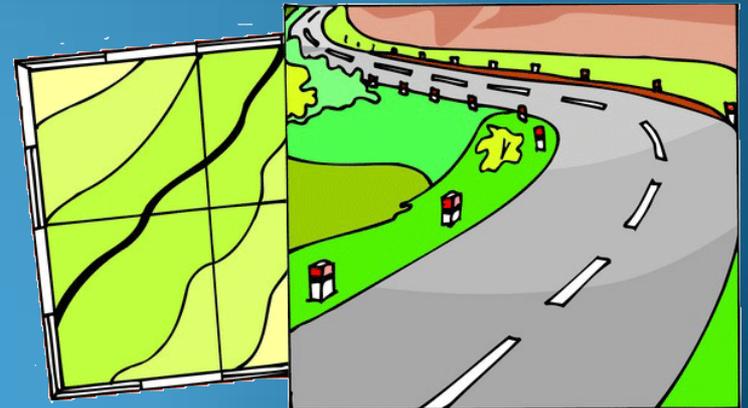
COMMUNITY MANAGER



Strategic Plan: Key Points.

- Focus on Person Centred.
- Improving the Health and Wellbeing of our community.
- Safe, Caring and Compassionate.
- High Quality-delivered by continuous improvement process.
- Empowered Workforce.
- Efficient and Effective-best value.

The road map for our services!



Locality Plans.

These plans will be developed to provide the local detail for implementing the strategic plan.

The localities are seen as the engine rooms of the partnership, and it is vital there is full public involvement with these plans.



Partnership Working.

- Engagement with all stakeholders.
- Get involved.
- Encourage others to be involved.
- Communication.
- Heads of Service or Locality Managers committed to attend Area Committee Meetings.
- Locality Managers or Local Area Managers committed to attend CPG's.



Is Integration easy?

Step 1:

$$- \int_0^1 r f_r \frac{dJ_3(\lambda_{3p}r)}{dr} + \frac{9}{r} f J_3(\lambda_{3p}r) dr$$

Step 2:

$$\int_0^1 f(r) \left[\left(r \frac{dJ_3(\lambda_{3p}r)}{dr} \right)_r - \frac{9}{r} J_3(\lambda_{3p}r) \right] dr$$

Thank you for listening!



Community Empowerment (Scotland) Act 2015

Where it came from?

- ***Manifesto Commitment*** - *To make it easier for communities to take over unused and underused public sector assets and to introduce measures to help communities deal more effectively with vacant and unused property in their areas.*
- ***Christie Commission*** – *strengthen the community voice in planning and delivering services*

What does it do?

- The Act will strengthen the voices of communities in the decisions that matter to them
- Creates new rights for community bodies and places new duties on public authorities

What does it do?

- Makes it easier for communities to take on public sector land and buildings (asset transfer) and private land (community right to buy)
- Places Community Planning Partnerships on a statutory footing and imposes duties on them around the planning and delivery of local outcomes, and the involvement of community bodies at all stages of community planning.
- Tackling inequalities will be a specific focus, and CPPs will have to produce “locality plans” at a more local level for areas experiencing particular disadvantage.

What does it do?

- Provides a mechanism for community bodies to seek dialogue with public service providers on their own terms (participation requests)
- A new power to require public bodies to promote and facilitate the participation of members of the public in the decisions of the public body, including in the allocation of its resources

What does it do?

- National Outcomes
- Common Good
- Allotments
- Football Clubs
- Non-Domestic Rates
- Delegation of Forestry Commissioners Functions

FAQs

- When will the Act come into force?
 - Around this time next year. Regulations and Guidance required.
- Will the Government provide extra resources to local authorities to implement the Act?
 - General agreement to fund new burdens, COSLA must quantify and demonstrate what the costs are
- Does Asset Transfer under the Act have to be at market value?
 - No. The Act does not say anything about how much a community body would be expected to pay for transfer of an asset.

Info and Contact

- <http://www.gov.scot/Topics/People/engage/CommEmpowerBill>
- Ian Turner, Ext 40790



Dementia Friends

Victoria MacLeod, Dementia Advisor
01436 678050
vmacleod@alzscot.org

Outline

- What is Dementia Friends?
- 5 Key messages
- Activity: broken sentences/ an everyday activity
- Recap of 5 key messages
- Turning Understanding into Action

What is Dementia Friends?

- Get by with a little help from your friends
- Small things make a big difference to people with dementia
- Social action movement: target to reach 1 million dementia friends by 2015
- Funded by the department of Health England and the Cabinet Office

What is Dementia Friends?

- By the end of the session you will:
 - **Know the 5 key things that everyone should know about dementia**
 - **Turned your understanding into action**
 - **Understand the role you can play in creating age-friendly communities**

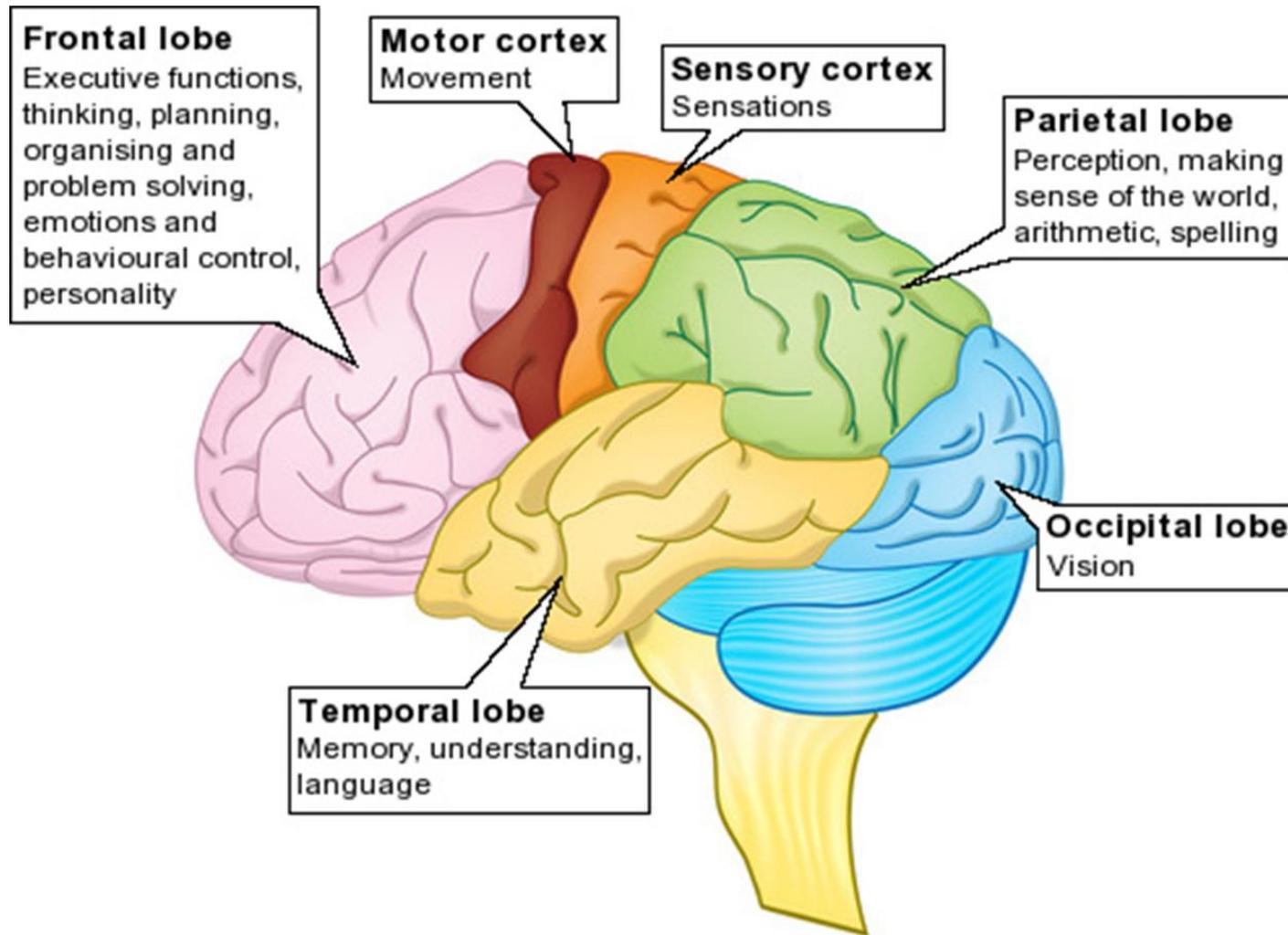
5 Key Messages: What is Dementia?

- 1) Dementia is not a natural part of getting older:
 - Most older people do not have dementia
 - We can expect our memory to deteriorate a little as we get older
 - Dementia doesn't just affect older people
 - We all get forgetful at times, it doesn't mean we have dementia

– 2) Dementia is caused by diseases of the brain

- Dementia is an umbrella term and describes a range of symptoms
- These symptoms happen through damage to the brain
- The most common cause of this damage is Alzheimer's Disease

– 3) It's not just about memory loss...



– 4) It's possible to live well with dementia

- Dementia affects everyone differently
- Living well means different things for different people
- Dementia does bring challenges, but despite these challenges it is still possible to live well
- Especially with support and understanding

– 5) There is more to the person than the dementia

- Dementia is just part of someone's life not all of it
- 'I am more than a piece of paper' (member of SDWG)

Activity: Match the broken sentences

The bookcase Analogy

- Shelves are periods of your life, top most recent
- Each book represents a memory or skill
- Dementia rocks the bookcase and books fly off
- As dementia progresses my upper shelf will empty: my memories will come from further down



- Different parts of the brain are affected differently
- **Hippocampus:**
Factual & biographical info = faces, names, numbers etc.
Bookcase made of plywood, lots of books will fall off
- **Amygdala:** emotions & feelings, bookcase made of solid oak



Activity: An Everyday Activity

Making a Cup of Tea

- What functions of the brain are required?
- Movement
- Vision
- Coordination
- Logic
- Sequencing
- Memory

Recap on 5 key messages

- 1) Dementia is not a natural part of ageing
- 2) Dementia is caused by diseases of the brain
- 3) Dementia is not just about memory loss
- 4) It is possible to live well with dementia
- 5) There is more to a person than dementia

Turning Understanding Into Action

- What does dementia friendly mean to you?
- Referring to people as living with dementia

| Negative Language | Positive Language |
|---|--|
| <p><u>Dementia Sufferer</u></p> <p>Implies: Woe, Misery, Victim</p> <p>Result: Pity, Feeling of sorrow towards the person</p> <p>Outcome: Patronising, Not allowing person be self sufficient, taking over tasks.</p> | <p><u>Person with dementia</u></p> <p>Implies: Living with dementia</p> <p>Result: See the person, Their Abilities, experiences, history</p> <p>Outcome: Talk with person, engage with help, involve person.</p> |
| <p><u>Wandering</u></p> <p>Implies: Aimless movement</p> <p>Result: Assumption that there is no purpose or intention other than to walk</p> <p>Outcome: Ignore the intention, redirect</p> | <p><u>Walking</u></p> <p>Implies: a positive action with purpose</p> <p>Result: Consider the purpose or unmet need.</p> <p>Outcome: Compassion, Investigation, Acknowledgement</p> |
| <p><u>Aggressive</u></p> <p>Implies: angry, dangerous, unpredictable</p> <p>Result: fear, take offence</p> <p>Outcome: Avoidance, Defensive, Offensive</p> | <p><u>Frustrated</u></p> <p>Implies: a person who may be unhappy or needs engagement.</p> <p>Result: Consider why the person is feeling that way</p> <p>Outcome: assess the person's needs, offer support, help.</p> |

Turning Understanding Into Action

- Being patient in a queue if someone is struggling ahead of you
- Spread the word: wear your dementia friends badge
- Volunteer with an organisation that helps people with dementia

Congratulations!! You are all now Dementia Friends!!



More information:

<http://www.dementiafriendsscotland.org/>

www.alzscot.org





Making sure nobody faces dementia alone.

Argyll and Bute Family Pathway

'Growing up in Kintyre'



What is it that matters to you?



Growing up in Kintyre



Our Ambition

To make Scotland the best place in the world to grow up in by improving outcomes, and reducing inequalities, for all babies, children, mothers, fathers and families across Scotland to ensure that all children have the best start in life and are ready to succeed



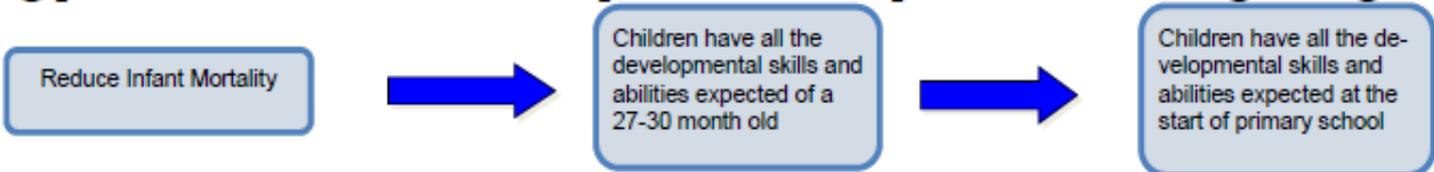
Argyll and Bute Family Pathway 'Growing up in Kintyre'

Why Kintyre?

- Early adopters in using the EYC process
- There are seven SIMD datazones that cover the settlement area of Campbeltown. Of these, two are in the 15% most overall deprived in Scotland
- Geographically Kintyre is on a peninsula and so is ideal for population segmentation



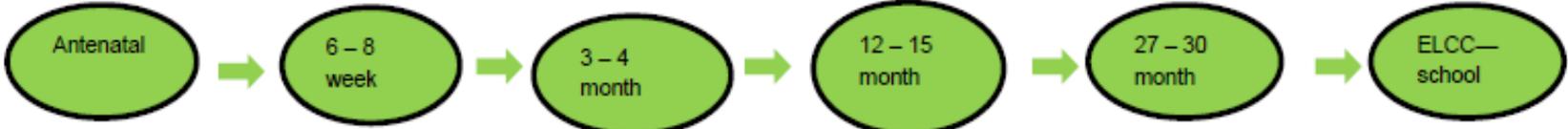
Argyll and Bute Family Pathway— Working Together



- 80% of all children aged 0-5 in the Kintyre area will have achieved their developmental milestones by the end of June 2015
- Relevant information is shared at each transition stage for 90% of children engaged within the Kintyre Pathway by the end of June 2015



- Improving the quality of care and support for all children and families within the Argyll and Bute Pathway through testing systems and processes at each key stage
- Improving communication within and across agencies through testing how we communicate and how we share information



90% of pregnant women take vitamins during pregnancy

Use of the GIRAN wellbeing antenatal plan for 100% of pregnant women.

100% of pregnant women are asked about gender based violence by 22 weeks gestation and, if appropriate, referred to support services.

100% of pregnant women are offered CO monitoring

100% of pregnant women have a birth plan in place and signed by both the Midwife and themselves prior to the baby's birth

To increase the number of women breastfeeding and for longer periods of time - aim still to be defined.

100% of children have a core care plan in place at 12 - 15 months to ensure early identification of additional needs

Early Identification of Needs at 12 - 15 months appt are referred to appropriate services

100% of children attend 27 - 30 month review

100% of children who have identified needs at 27 - 30 month appt are referred to appropriate services

80% of settings will score 3 for 'ease of use' for the developmental milestone tool by the end of June 2015

80% of settings will score 3 for 'impact on child' using the Developmental Milestone Tool by the end of June 2015

80% of settings will score 3 for 'parental engagement' using the Developmental milestone Tool by the end of June 2015

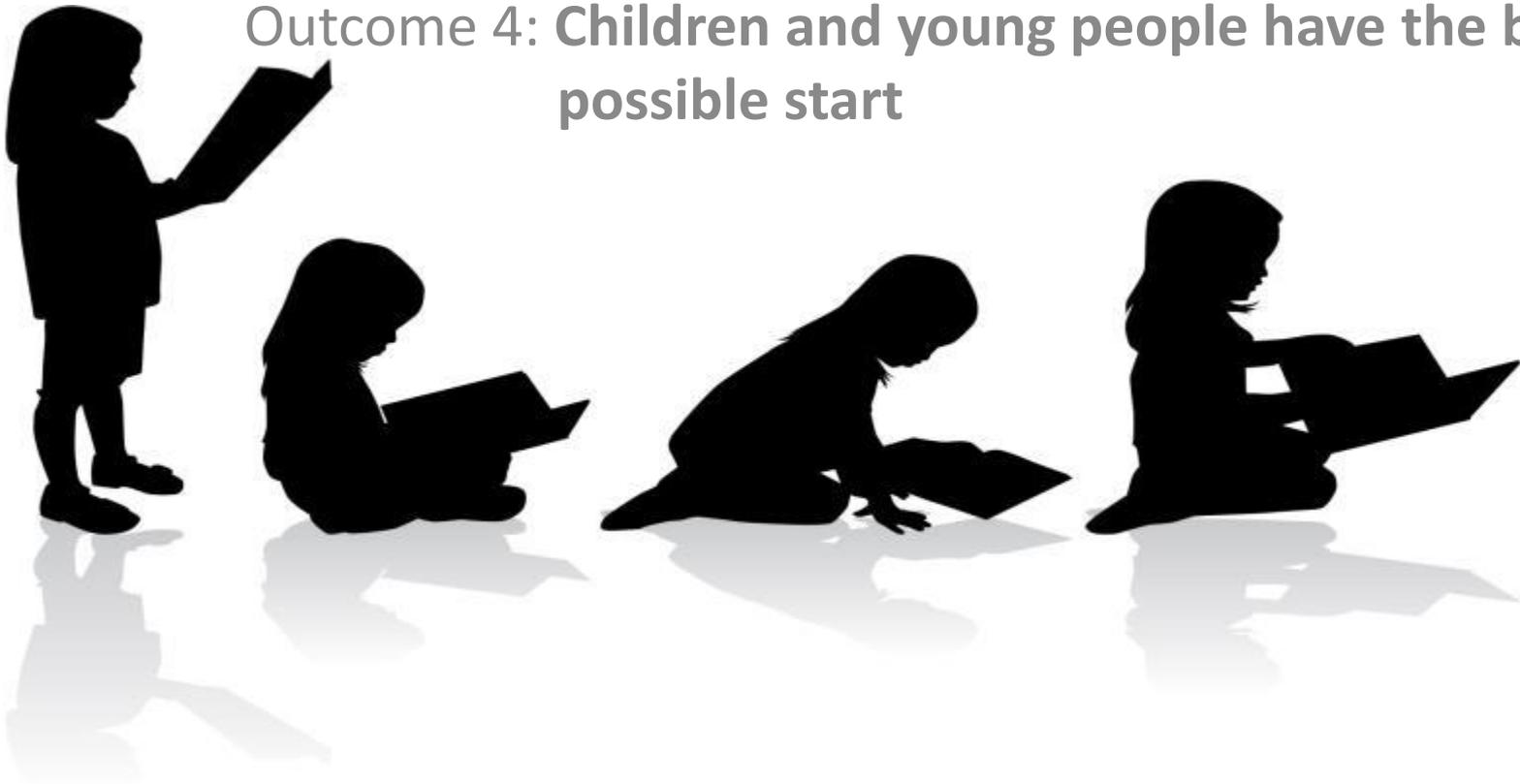
80% of settings will score 3 for 'capacity building' using the Developmental milestone Tool by the end of June 2015

June 2014

How does the Kintyre Family Pathway support the Single Outcome Agreement?

Outcome 3: Education, skills and training maximises opportunities for all

Outcome 4: Children and young people have the best possible start





Workstream 1 - Midwives

Health Improvement Messages:

- Smoking cessation
- Body Mass Index
- Healthy Eating
- Ante-natal well-being Indicator Tool

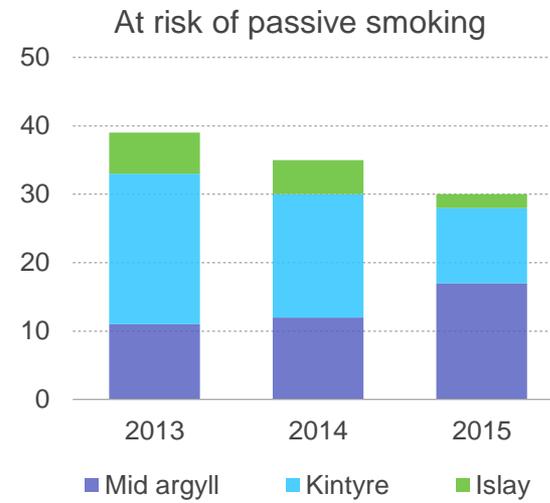
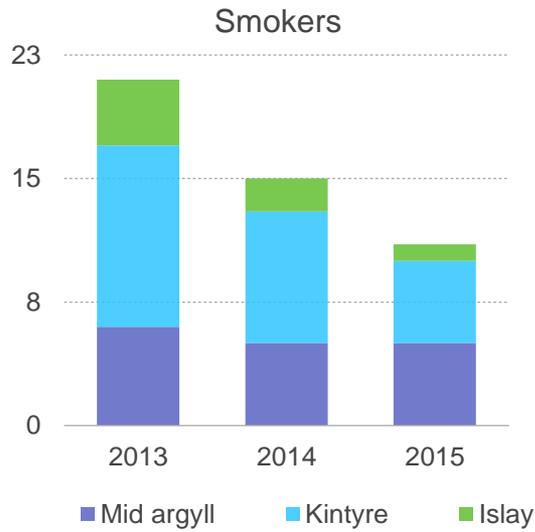
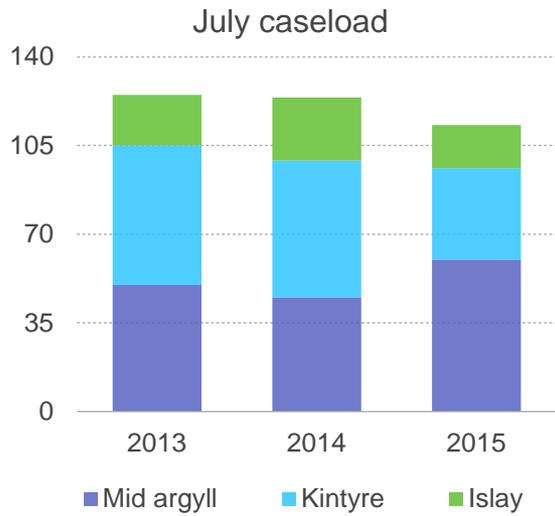


Antenatal Wellbeing Tool

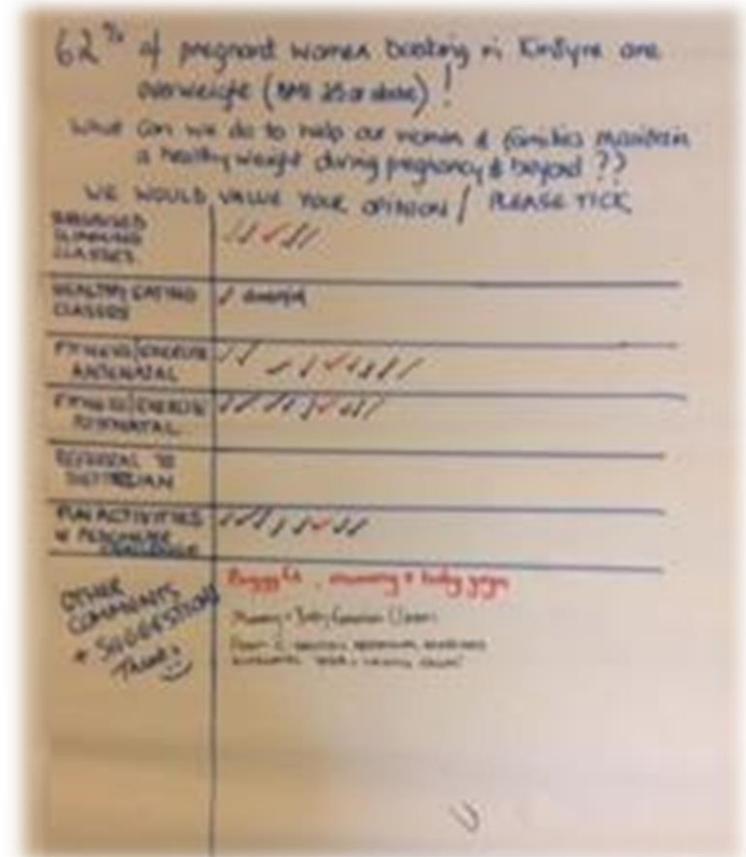
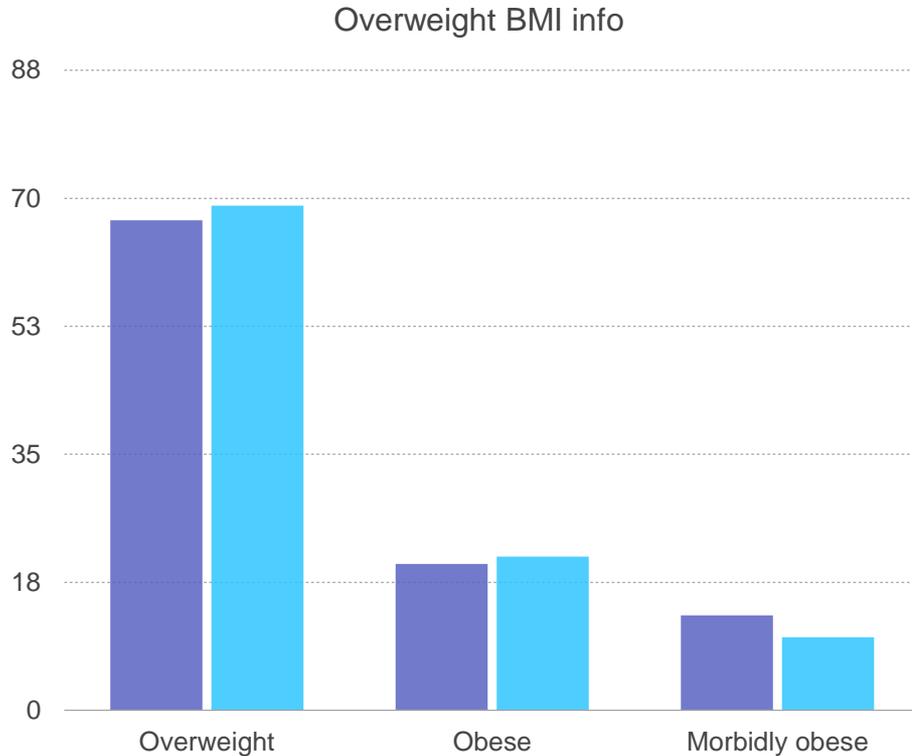
Now that we have completed your hand held record can we look at the outcomes you want to work towards in preparation for becoming a parent. This helps to Plan with you and your family the appropriate care using the Wellbeing Indicators as indicators of the best outcomes for your baby. On a scale of 1 - 10, where do you feel you are in relation to the wellbeing indicators? (1 = low, 10 = high)

| | |
|--|---|
| Name: _____ | |
| Safe To ensure your baby is safe and protected consider your home and the community around you. | How safe do you feel your home is to bring a baby in to? 1 2 3 4 5 6 7 8 9 10 Details: _____ |
| Health Good nutrition, exercise, hygiene is necessary to enhance the feeding process mental health is a state of wellbeing in which the individual derives joy in their own activities, can cope with the normal stresses of life. | Where on the scale would you put your Physical health? _____10 Where do you feel your mental and emotions are on a day to day basis? _____10 Details: _____ |
| Confidence Developing the knowledge, skills and confidence of being a parent? | Confidence in ability to parent _____10 How would you rate your experience of being parented? _____10 Details: _____ |

Smoking in Pregnancy

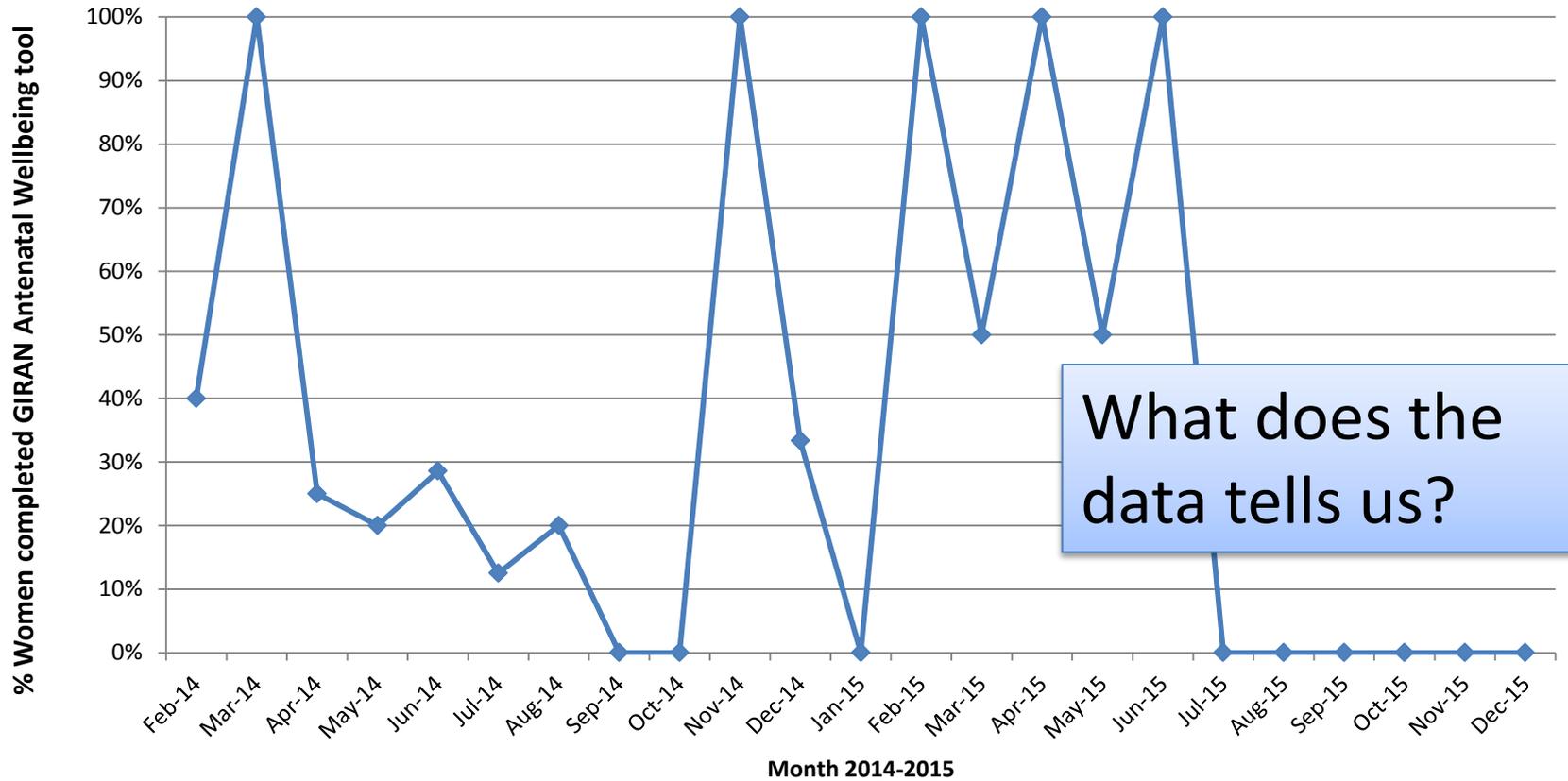


62% of women booking with the Midwife in Kintyre are overweight





Kintyre : % Completed Use of GIRAN Antenatal Wellbeing Tool



What does the data tell us?

Working with the Community Garden and Orchard – **Healthy Start Vouchers** can be used here



Talking with Mums at Infant Massage



Antenatal appointments

Named midwife

Early Bird Classes

Baby Massage

Mums enjoyed the chance to meet and chat with other pregnant and new mums



Workstream 2 - Health Visitors

Well-being Indicator (WBI) Tool

6 – 8 weeks

Parents/Carers
Health Visitor

Well-being Indicator Tool
For 6 - 8 week review
Using the scale of 1 - 10 where 10 you feel you are in relation to your wellbeing?
1 is your best, 10 is your worst.

| | |
|--|--|
| TAKE The amount you take in what you eat and drink, how often you eat, and how you feel. | How often do you take in what you eat and drink? 1 _____ 10 _____ |
| HEALTH How you feel about your health, how often you exercise, and how you feel about your health. | How often do you feel about your health? 1 _____ 10 _____ |
| FEELINGS How you feel about your feelings, how often you feel about your feelings, and how you feel about your feelings. | How often do you feel about your feelings? 1 _____ 10 _____ |
| CONFIDENCE How confident you are in your health, how often you are confident, and how you feel about your confidence. | How often are you confident? 1 _____ 10 _____ |

WBI Tool 01 - 6 week review - 04/2019

3 – 4 months

Parents/Carers
Health Visitor

Well-being Indicator Tool
For 3 - 4 month review
Using the scale of 1 - 10 where 10 you feel you are in relation to your wellbeing?
1 is your best, 10 is your worst.

| | |
|--|--|
| TAKE The amount you take in what you eat and drink, how often you eat, and how you feel. | How often do you take in what you eat and drink? 1 _____ 10 _____ |
| HEALTH How you feel about your health, how often you exercise, and how you feel about your health. | How often do you feel about your health? 1 _____ 10 _____ |
| FEELINGS How you feel about your feelings, how often you feel about your feelings, and how you feel about your feelings. | How often do you feel about your feelings? 1 _____ 10 _____ |
| CONFIDENCE How confident you are in your health, how often you are confident, and how you feel about your confidence. | How often are you confident? 1 _____ 10 _____ |

12 – 15 months

Parents/Carers
Health Visitor

Well-being Indicator Tool
For 12 - 15 month review
Using the scale of 1 - 10 where 10 you feel you are in relation to your wellbeing?
1 is your best, 10 is your worst.

| | |
|--|--|
| TAKE The amount you take in what you eat and drink, how often you eat, and how you feel. | How often do you take in what you eat and drink? 1 _____ 10 _____ |
| HEALTH How you feel about your health, how often you exercise, and how you feel about your health. | How often do you feel about your health? 1 _____ 10 _____ |
| FEELINGS How you feel about your feelings, how often you feel about your feelings, and how you feel about your feelings. | How often do you feel about your feelings? 1 _____ 10 _____ |
| CONFIDENCE How confident you are in your health, how often you are confident, and how you feel about your confidence. | How often are you confident? 1 _____ 10 _____ |

WBI Tool 01 - 12 month review - 04/2019

27-30 months

Parents/Carers
Health Visitor

Well-being Indicator Tool
For 27 - 30 month review
Using the scale of 1 - 10 where 10 you feel you are in relation to your wellbeing?
1 is your best, 10 is your worst.

| | |
|--|--|
| TAKE The amount you take in what you eat and drink, how often you eat, and how you feel. | How often do you take in what you eat and drink? 1 _____ 10 _____ |
| HEALTH How you feel about your health, how often you exercise, and how you feel about your health. | How often do you feel about your health? 1 _____ 10 _____ |
| FEELINGS How you feel about your feelings, how often you feel about your feelings, and how you feel about your feelings. | How often do you feel about your feelings? 1 _____ 10 _____ |
| CONFIDENCE How confident you are in your health, how often you are confident, and how you feel about your confidence. | How often are you confident? 1 _____ 10 _____ |

WBI Tool 01 - 30 month review - 04/2019



Weaning DVD

When, How, What?

Baby Led Weaning



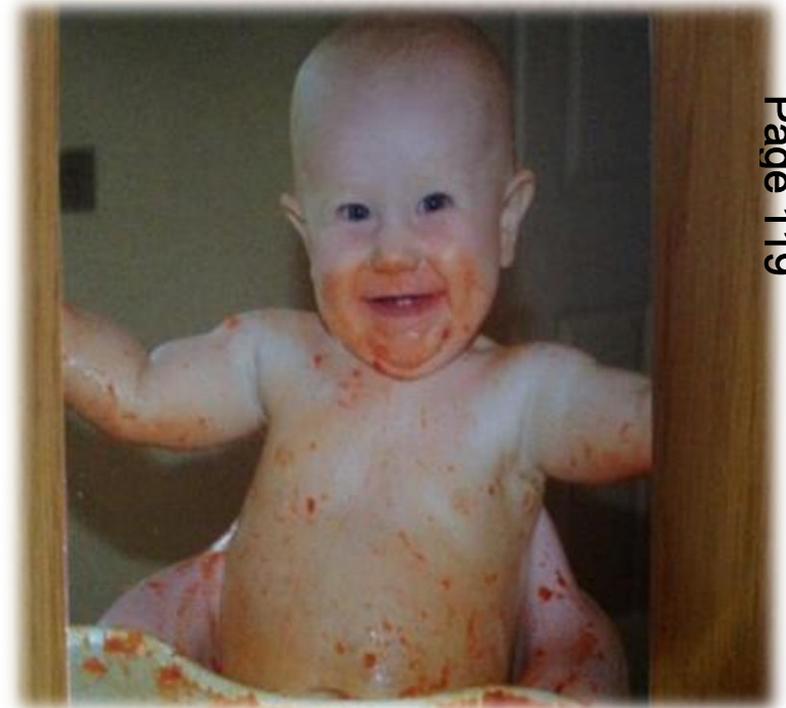
Good Feeding Practices

What about drinks?

What should I avoid?

Food Allergies

How Much do I give him?





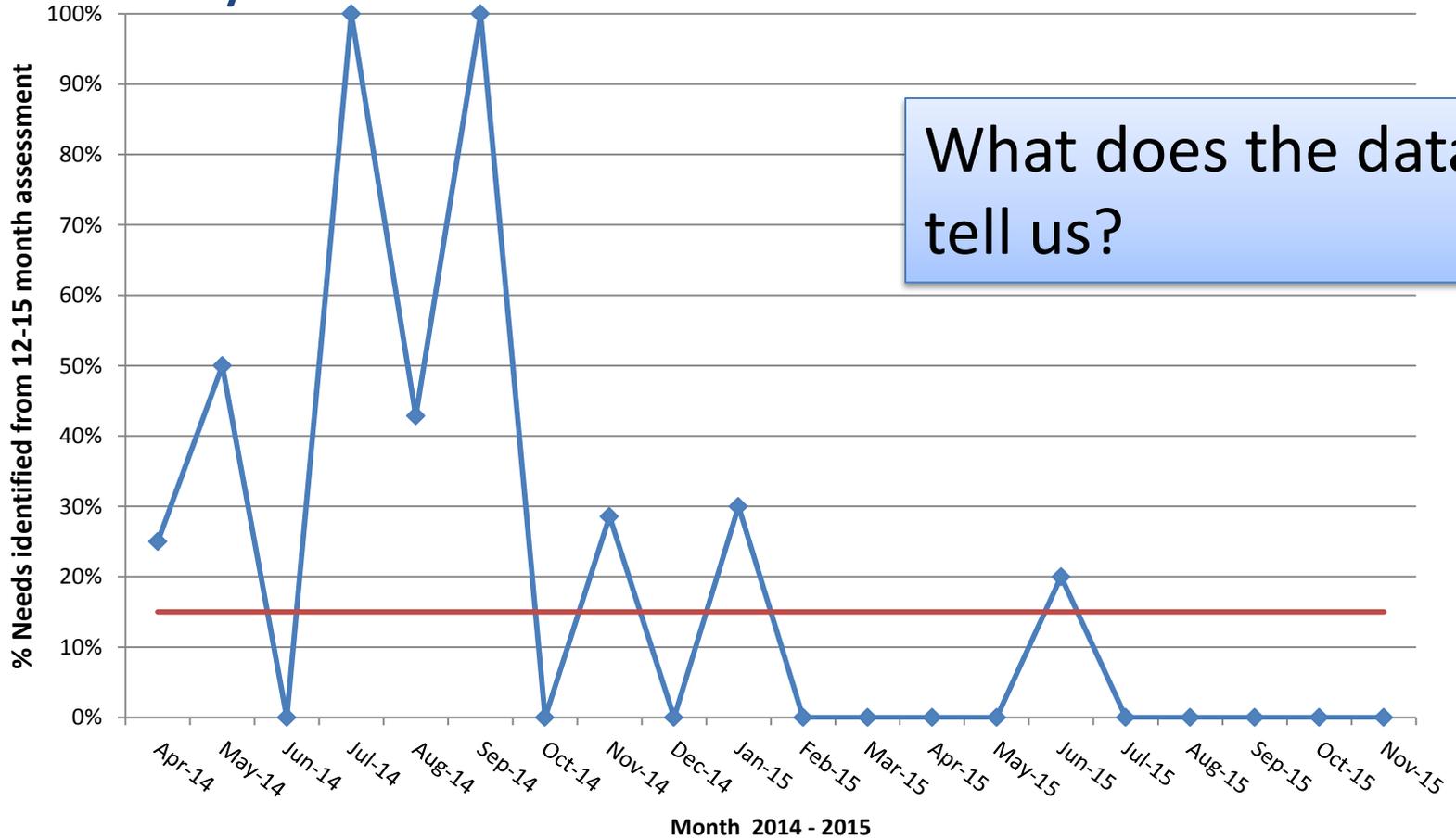
12 – 15 Month Review

The WBI Tool highlighted the need for:

- Additional parental support
- Additional weaning advice – weaning checklist for parents introduced
- Additional Speech and Language (SLT) support – SLT checklist for parents introduced



Kintyre : % Needs Identified at 12-15 Month Assessment



What does the data tell us?



27 – 30 Month Review

- New client friendly letter improving attendance at appointments
- Ages and Stages Questionnaire – Assessment Tool
- Sure Start Language Measure (SSLM)
- 12% of children identified with developmental delay
- 15% of children identified with Speech and Language delay
- Enhanced communication between Health Visitor Nursery and Nursery Manager

New appointment letter at 27 – 30 month review

What do I like to drink?



What do I eat for dinner?



Am I ready to use my potty?

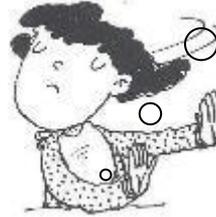
Does mummy or daddy read to me?



Do I like looking at books?



NO!!



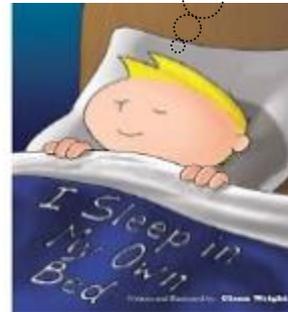
Do I brush my teeth regularly?
Am I registered with a dentist?



Can I run, jump & kick a ball



Do I sleep in my own bed?
Do I have a bedtime routine?



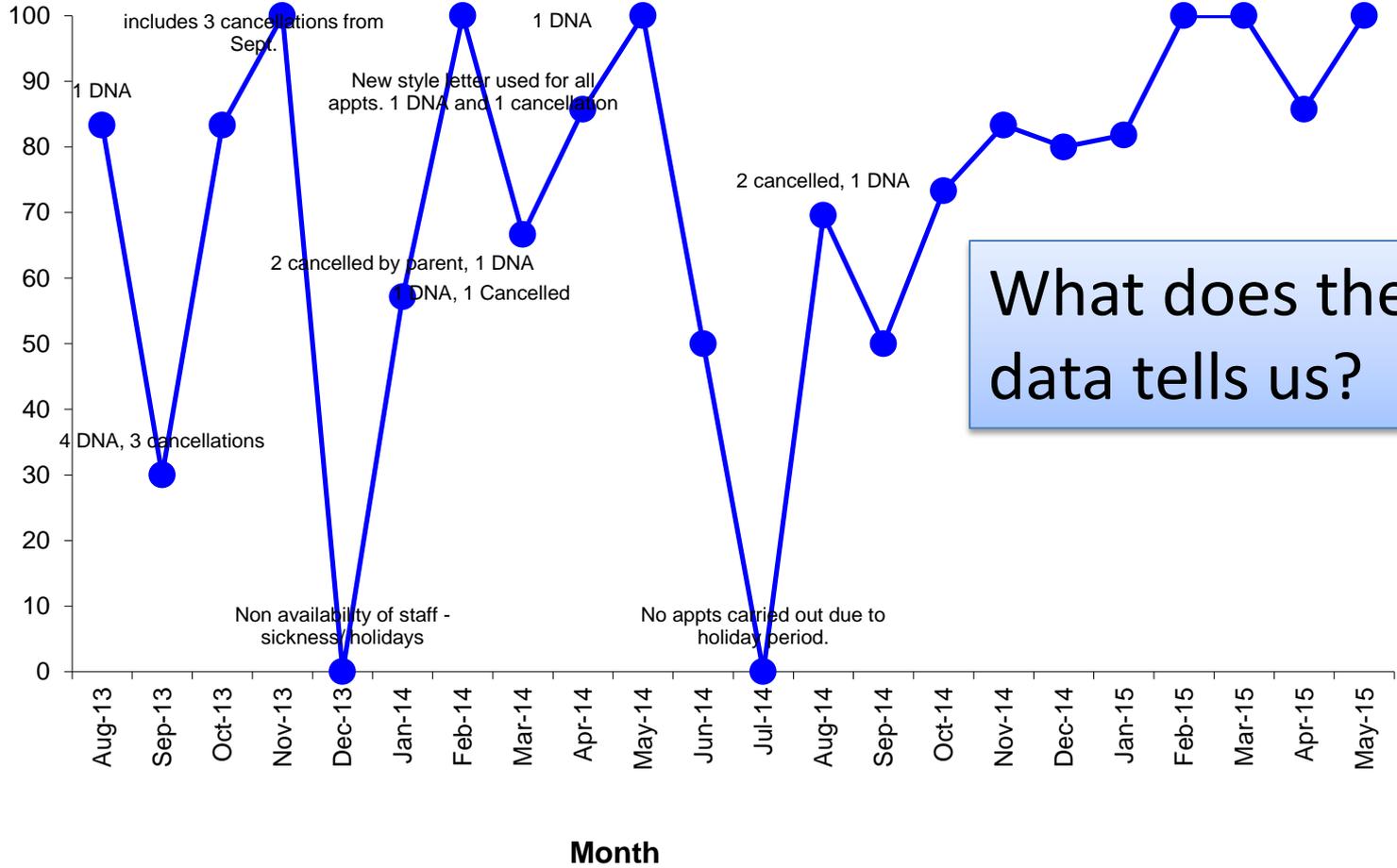
Do I have temper tantrums?





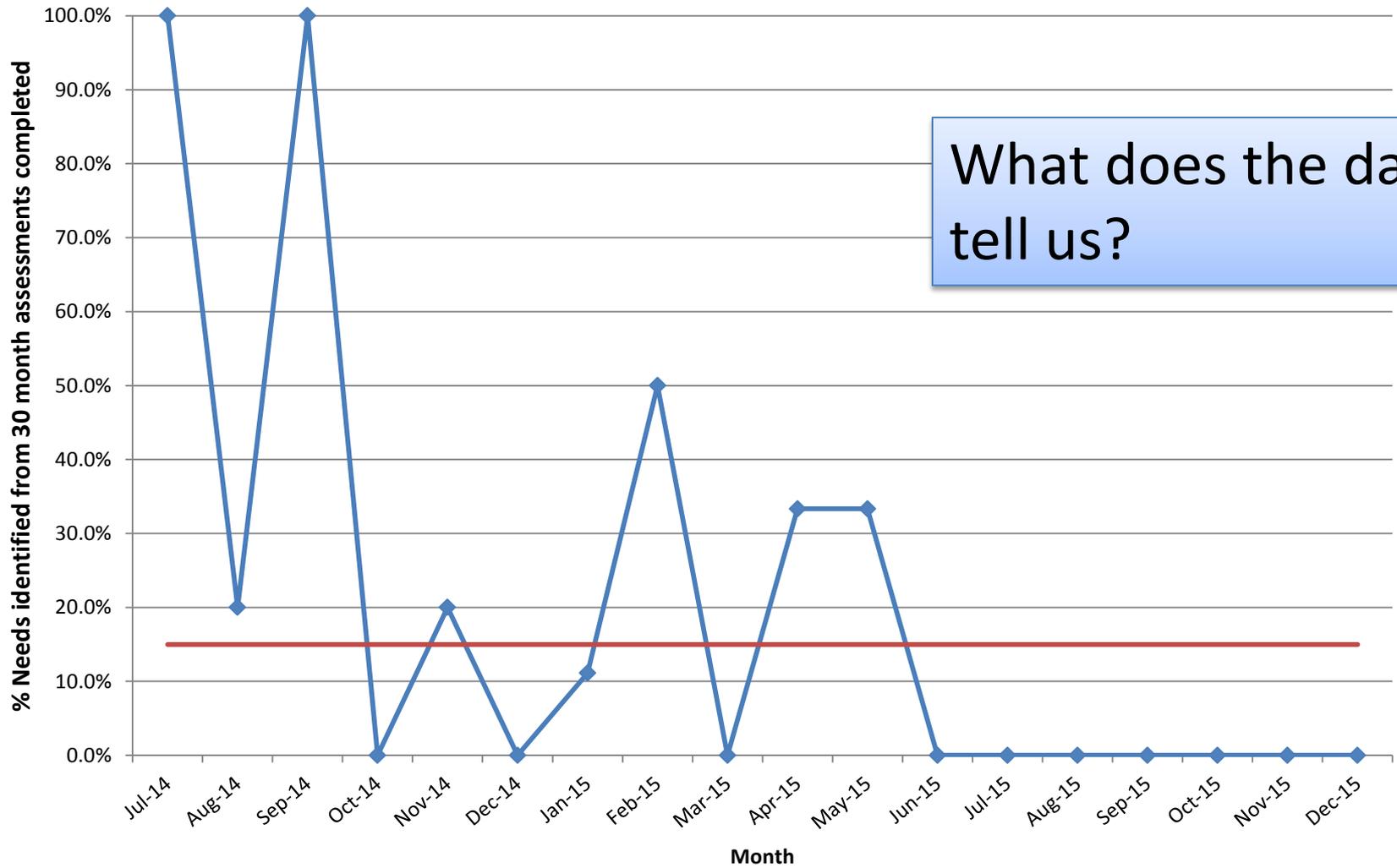
Kintyre - Attendance at 27-30 Month Appointment

% of eligible children attending 27-30 month review



What does the data tells us?

Kintyre : % Needs Identified from 27 - 30 Month Assessment



What does the data tell us?

Workstream 3 – Nursery to the start of Primary 1



“Filling the gaps- the ones we didn’t know existed”

First steps

- Building on strengths- existing professional relationships within Kintyre
- Gathering feedback from managers
- Getting started with the Developmental Milestones toolkit
- Engaging parents in the process

Engaging Parents



Next steps for me

I can set the table, serve and participate socially during snack time.

Family learning

- tell us about any interests or activities your child enjoys at home so we can develop this further in nursery

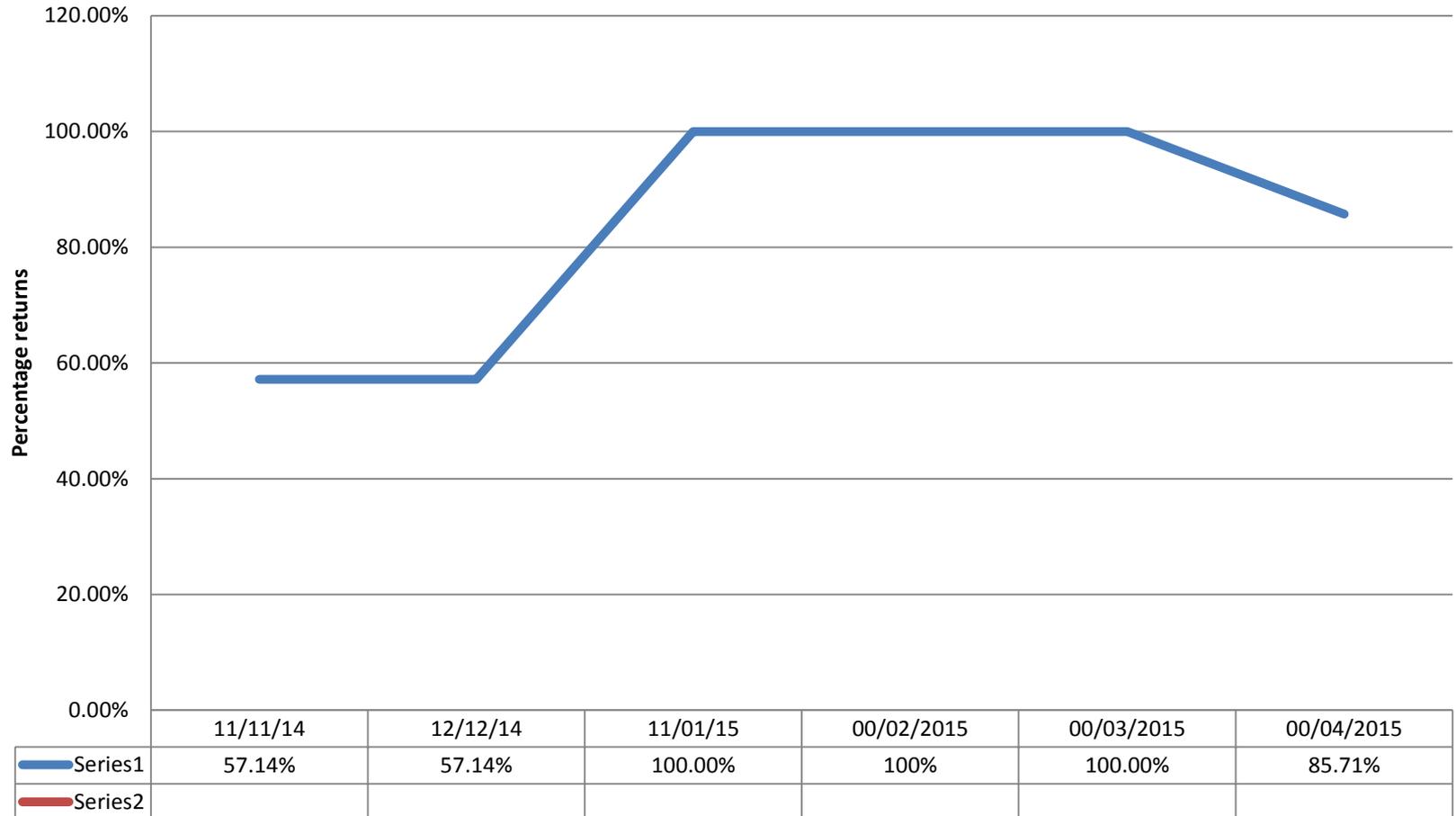
loves getting tasks to do at home like setting the table, dusting etc. and also watching me cook.

I have been learning "cutting up fruit. Apple, orange, melon". "Smoothie." "The Humane Caterpillar likes eating fruit"

Parent/ carer's comment - help your child to choose a smiley

Measuring Parental Engagement

Parent Comments in PLPs



Impact

- Parental engagement in children's learning increased
- Staff use milestones to help them make good assessment decisions
- Model for Improvement is being used across the establishment
- Transition information ensures children's needs are identified and addressed

What Next? Our Challenges

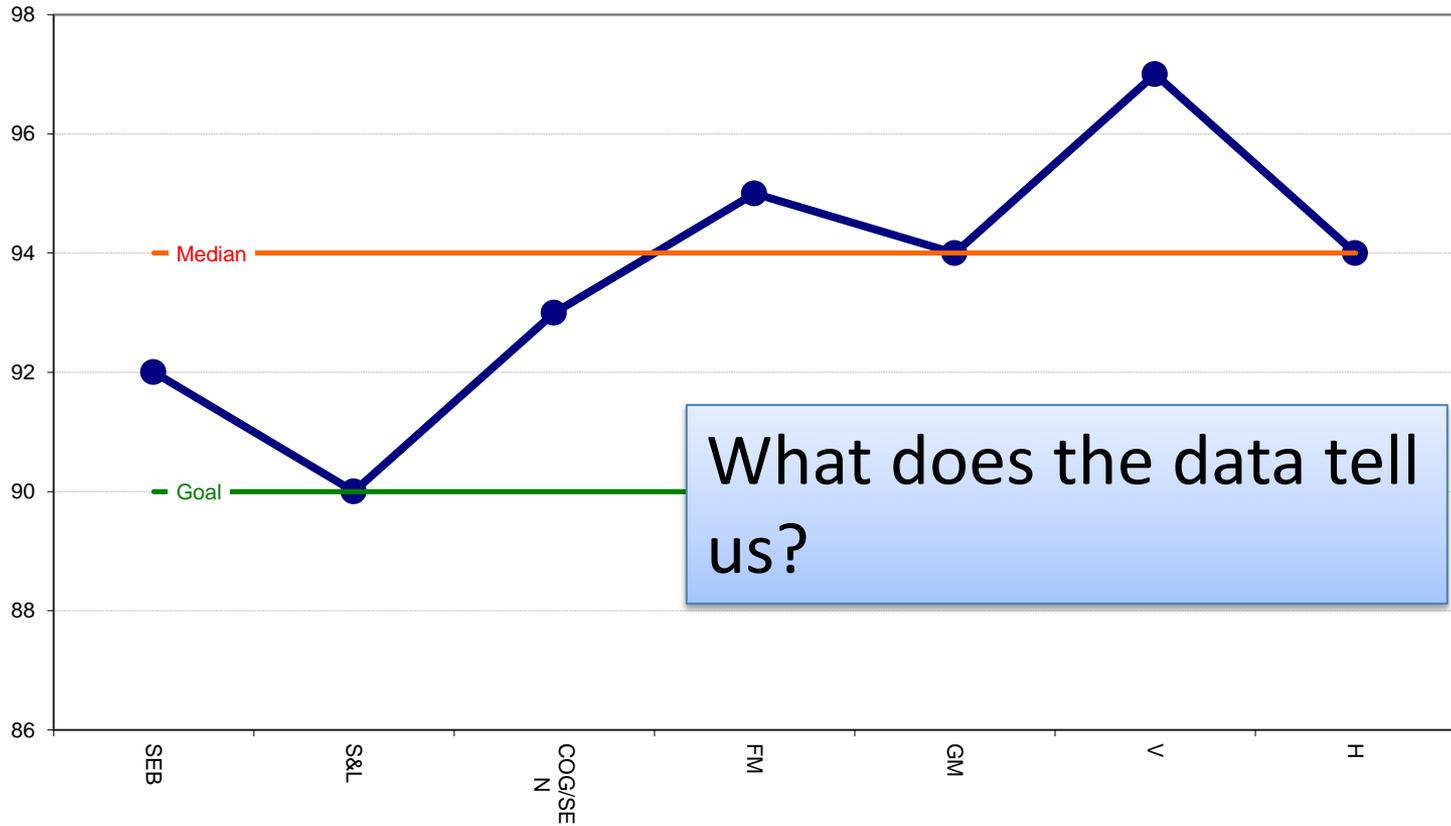
- Keeping it going- ensure systems are working for everyone
- Building on success- how can we further engage families?
- Practitioner engagement with model for improvement- sharing the enthusiasm!

Best place to grow up!



Entering P1 -Developmental Milestones - Kintyre June 2015

% Achieved

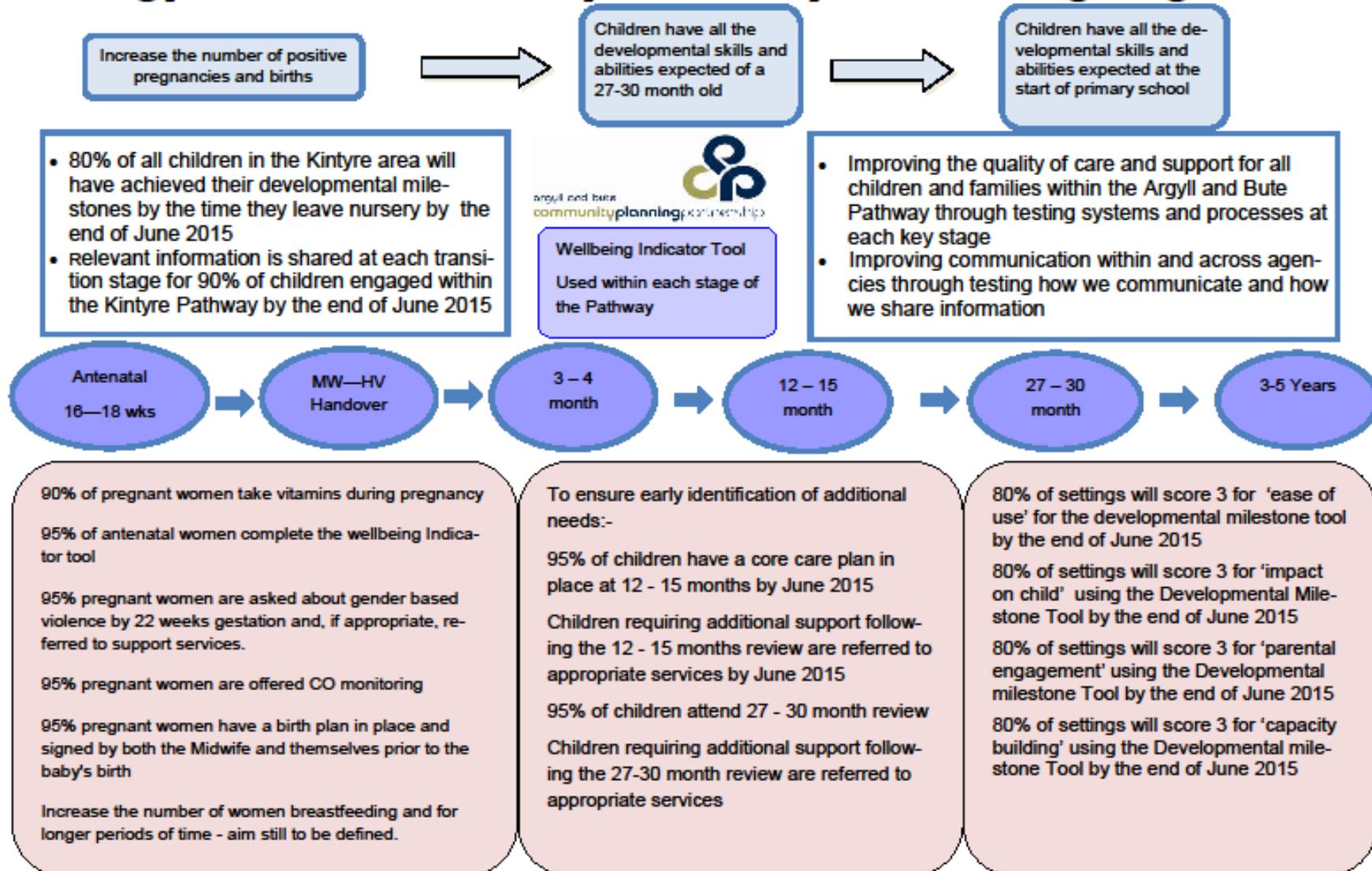


What does the data tell us?

Kintyre Developmental Milestones – Entering P1 June 2015

- Data is consistent with the national picture
- 97% of children have achieved 5 or more of their expected developmental milestones
- 91% of children have achieved 6 or more of their expected developmental milestones
- Less than 94% (median) achieved Social, Emotional & Behavioural, Speech & Language and Cognitive & Sensory milestones

Argyll and Bute Family Pathway— Working Together



June 2015

Achievements

- There is a clear vision and strategy for children and families pre-birth - 5 in the Kintyre area
- Using the model for improvement is changing the way we work
- Information was shared for 100% of children starting nursery (end of March 2015)
- 85% of children will have achieved their developmental milestones by the time they start P1 (end of June 2015)
- Kintyre 'Champions' will continue to develop the Kintyre Family Pathway
- Effective practice will be 'scaled up' to another part of Argyll and Bute



Challenges

- Effective communication to share the vision locally
- Changing the mindset from 'not another thing to do' to 'this is going to help me make a difference'
- Building confidence and capacity in improvement methodology
- Gathering data to ensure measurements are robust



Why Cowal?

- Similar SIMD area to Campbeltown
- The Cowal Peninsula is another geographical area which is an obvious choice for population segmentation
- Local 'Buy-in' for development of the 'Cowal Family Pathway'



Scaling Up in Cowal

- Engage staff teams through Cowal practitioners forum (Midwives, Health Visitors and Early years Staff)
- Ensure parental involvement and engagement from the outset through consultation
- Involve staff in developing services to meet the needs of the Cowal community
- Incorporate the 'Psychology of Parenting Programme' into the 'Cowal Family Pathway'

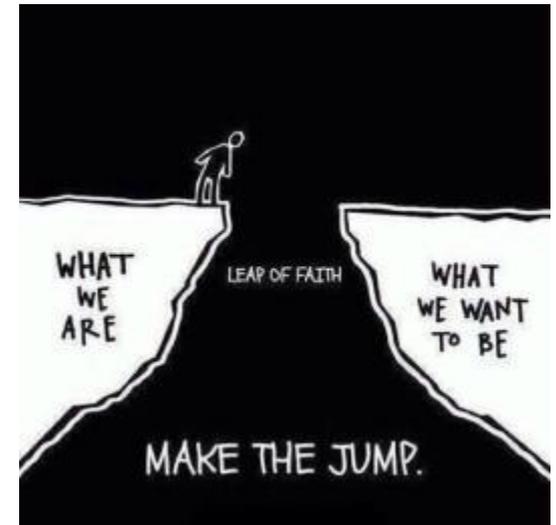


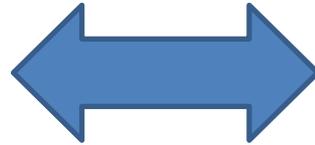
Future Actions

- Scale up the Family Pathway to each of the localities within Argyll and Bute
- Share tools and practice across all Community Planning Partnerships in Argyll and Bute

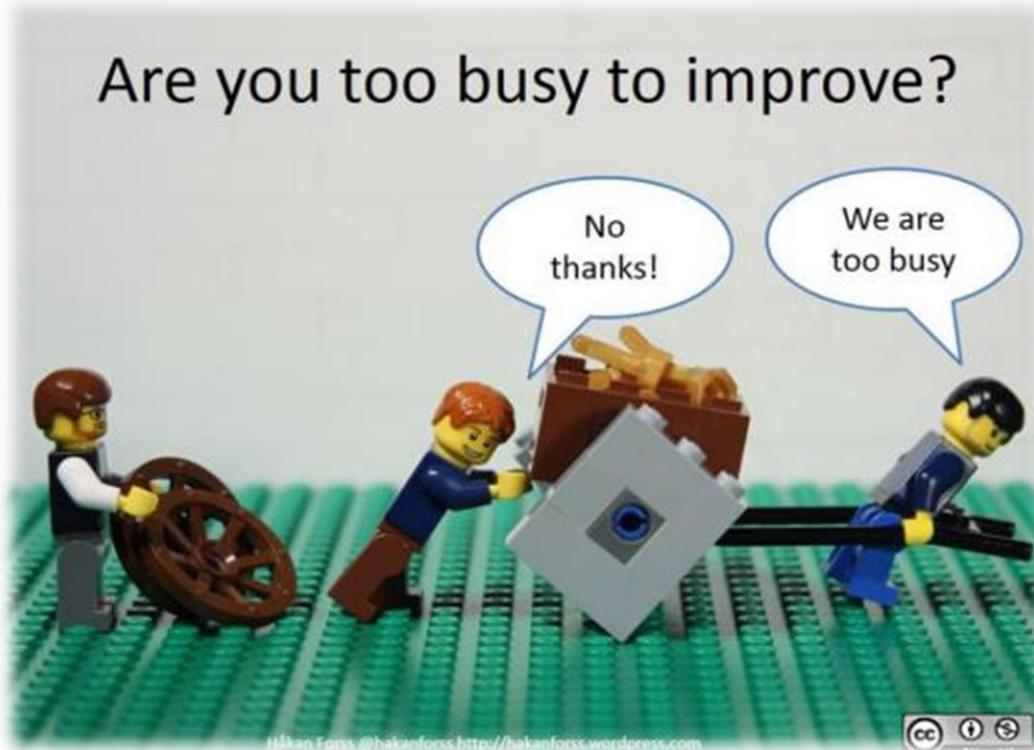
In the longer term.....

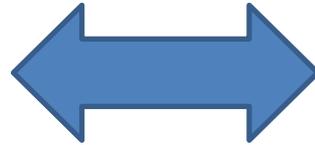
- Scale up the use of improvement methodologies to improve outcomes
- Promote a change in practice to ensure sustainability of improved outcomes





What can the CPP do to support EYC in Argyll and Bute?





What can the CPP do to support EYC in Argyll and Bute?



"This is not something that is going to change overnight. It will take stick-ability and doing it for five to 10 years, and then we will see a difference." – Sir Harry Burns, Former Chief Medical Officer for Scotland



Thank You

Kathleen Johnston

Education Officer Early Years

Patricia Renfrew

Consultant Nurse Children and Families

Catriona Dreghorn

Interim Lead Midwife

Dorothy Clark

Children and Families Health Team Leader – MAKI

Ruth Reid

Head Teacher, Rhunahaorine PS and Pre5 Unit

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